

GIRL SCOUTS OF EASTERN OKLAHOMA

Program Guide

SPRING & SUMMER 2023



girl scouts
of eastern oklahoma



ACA ACCREDITATION

Camps Tallchief, Wah-Shah-She, and our day camps maintain accreditation with the American Camp Association (ACA). Girl Scouts of Eastern Oklahoma and the ACA work together to undergo a thorough peer review of all operations - from emergency management to staff qualifications and training.

The ACA works with the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that current practices at our camp programs reflect the most current, research-based standards in camp operation. ACA Accreditation is proof of our professional integrity and commitment to risk management. Accreditation is voluntary and assures families that our camp programs have made the commitment to a safe, nurturing environment for their children.

For more information, visit the ACA website.



FEATURED

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Girl Scouts Cookie Program

Be part of the largest girl-led entrepreneurial program in the world.

6

Girl Scout Summer Camp

From five days in the great outdoors to five nights at camp, you'll find the perfect summer activity here. Check out the Eager Beaver pricing.

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2023 Programs
Spring & Summer

View the upcoming events, dates, registration deadlines, and reminders at a glance.

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From April 1 to May 31 girls can use Cookie Program Credit to extend their membership through September 30, 2024.

24 GSEOK Travel

The GSUSA Convention only happens once every three years. Join thousands of other girls In Orlando next July and be a part of Phenom 2023.

14 Girl Scouts
Highest Awards

When Girl Scout Juniors thru Ambassadors are ready to put their skills into action, they can work towards earning the highest awards for their level.

33 Adult Training
Sessions

Need to update your first aid credentials? Want to learn more about troop camping, canoeing, archery, astronomy, robotics? Get registered right away.

Early Bird Renewal Coming this Spring!



Renewal Dates: April 1 - May 31

Early Bird Renewal is an opportunity for Girl Scouts to sign up for another year and keep the fun going! By renewing during Early Bird, troop leaders will have time to plan for the upcoming year knowing your girls will be back.

Girl Scouts renewing their membership between April 1 – May 31 qualify for the following incentives:

- Use of Cookie Program Credit to pay for their 2023-2024 Girl Membership.
- Receive the 2023-2024 GSEOK Early Bird Fun Patch.
- Chances to win some amazing prizes!
- Plus, all girls renewing on April 1st, will receive a first day only prize - you don't want to miss out on this opportunity!

Renew and get ready for another year you won't soon forget!

Graduating Ambassadors/ High-School Seniors:

Expand your Girl Scout experience by purchasing a Young Alum Lifetime Membership*!

Use Cookie Program Credit to purchase your Young Alum Lifetime Membership* through September 30th.

*** Must be at least 18 years of age (or a high school graduate or equivalent).**



PHOTOS COURTESY OF TULSA PEOPLE, MICHELLE POLLARD, PHOTO EDITOR

DID YOU KNOW?

Girl Scouts Beyond Bars

Do you know a girl whose mother is incarcerated? Girl Scouts of Eastern Oklahoma has been serving incarcerated women and their daughters for over twenty years through our Girl Scouts Beyond Bars (GSBB) program.

The program provides the girl and her siblings to participate in reunification efforts resulting in reconnecting the family through monthly visits. These children also have the opportunity to attend weekly meetings where they can learn and practice life skills to deal with anxieties and disruptive behaviors that may have been caused by this trauma.



It takes time to make the connection and get approval for children to visit their mother so it is advantageous to join GSBB as soon as possible.

We are excited to report that in 2023 we are launching the Father/Daughter Pen Pal Pilot Program! Girls will experience progression in their communications with their incarcerated father.

For more information, or to recommend a girl you know, please contact us at customercare@gseok.org



Girl Scout Cookie Program

When you sell Girl Scout Cookies, you're doing more than just helping your customers stock up on delicious treats. You're doing it with a goal in mind – a goal to power new, unique and amazing experiences for you and your troop all year long! Whether that goal is a pizza party, a community service project, or your first overnight camping trip with your troop, you know how many boxes you need to sell to make it happen.



Did you know you are also part of something bigger – something thousands of awesome girls around the country just like you are part of too? That's right!

When you participate in the Girl Scout Cookie Program, you're part of the largest girl-led entrepreneurial program for girls in the world and that's a huge deal!

Your troop will provide you with the **Family Guide** to Go Bright Ahead this Cookie Season.

If you are looking for more information, you can find tools to help you with your cookie sale on the **GSUSA website**.



Digital Cookie

Be sure to get started with **Digital Cookie!** This online selling platform allows you

to reach more customers in the digital world. Watch for an email on January 13 inviting you to log on. You can then set up your site and invite customers to make a purchase. Learn How to Use the Digital Cookie Platform by watching the **Tutorial Video** from GSUSA.



Science Museum Oklahoma Event: May 6, 2023

Cookie Reward Events

Girls who earn these events will be contacted by email with specific details. It is important to watch for these emails and respond by the deadlines included in the email.

600 Club Event • June 3, 2023

Girls who sell 600+ packages will be invited to a special event at River Country Water Park in Muskogee, OK where they will be the first to preview the theme and vote on recognitions for the next cookie sale.

Science Museum Oklahoma Event • May 6, 2023

Girls who choose this option at 1,250+ packages will be invited to a special event at the science museum in Oklahoma City.

Disney's The Lion King Musical • June 4, 2023

Girls who choose this option at 1,500+ packages will be invited to this event in Tulsa.

Great Wolf Lodge Event • April 21-23, 2023

Girls who sell 2,000+ packages will be invited to a special event at Great Wolf Lodge in Grapevine, Texas for a girl and one female guardian.



IMPORTANT DATES

January 13
Digital Cookie
Registration Email

January 21- March 19
Cookie Sale

February 10
Booth Sales Begin

Girl Scout Summer Camps



Volunteer-Led Day Camps!

Our day camps are five-day sessions in the great outdoors in communities throughout eastern Oklahoma. A typical day will include opportunities to explore nature, learn songs, play games, get creative with projects, and gain outdoor confidence.

Girl Scouts will sail away to an **Island Adventure in 2023**, guaranteeing a time of fun in the sun! While shipwrecked, Girl Scouts will learn outdoor survival skills and also dive into the amazing worlds of marine life and island environments through hands on art and science activities! It's shore to be an unforgettable time!

Day Camp Registration opens January 17, 2023!

Hill-n-Dale Day Camp	Broken Arrow	June 5-9
Watastota Day Camp	Tulsa	June 5-9
Willow Haven Day Camp	Oologah	June 5-9
Sylvia Stapley Day Camp	Stillwater	June 12-16



Eager Beaver Pricing

January 17 – March 17
Deposit \$35.00; Total Fee \$70.00

March 18 – May 7
Deposit \$35.00; Total Fee \$90.00






















Day Camp Registration Deadline is May 7, 2023

GSEOK's day camps are designed and facilitated by volunteers in your local community. Are you an adult that is thinking about volunteering for day camp but have questions?





















Register for our Q&A Zoom Meeting to get answers!
Sunday, March 5, 2023 at 3:00 p.m.

2023 Camp Tallchief

Resident Camp Sessions

	Session Name	Eager Beaver price before 3/17	Price after 3/17	Entering Grades in Fall 2023
WEEK 1 JUNE 11-16 (RDL 5/1)				
	Tallchief Trails: Mini Camp A & B	\$225	\$250	1-4
	Giddy Up: Mini Camp A & B	\$250	\$275	2-4
	Tallchief Trails	\$380	\$425	2-12
	Right on Target	\$380	\$425	7-10
	Wet n' Wild	\$380	\$425	6-9
	Spurs & Bits	\$450	\$500	3-5
	Counselor-in-Training 2	\$600	\$650	at least 15 by 6/1
WEEK 2 JUNE 18-23 (RDL 5/1)				
	Choose Your Own Adventure: Mini Camp A & B	\$225	\$250	1-4
	Choose Your Own Adventure	\$380	\$425	2-12
	Bubble Up	\$380	\$425	4-6
	Water Bugs	\$380	\$425	6-9
	Saddle Up	\$450	\$500	5-7
	With a Bit of Tack	\$450	\$500	7-10
	Counselor-in-Training 2 cont'd			
WEEK 3 JUNE 25-30 (RDL 5/1)				
	Tallchief Trails: Mini Camp A & B	\$225	\$250	1-4
	Giddy Up: Mini Camp A & B	\$250	\$275	2-4
	Tallchief Trails	\$380	\$425	2-12
	Bubble Up	\$380	\$425	4-6
	Deck Hands	\$380	\$425	6-9
	Spurs & Bits	\$450	\$500	3-5
	Counselor-in-Training 2 cont'd			

With almost 30 specialty sessions throughout the summer, campers discover exciting activities that challenge their limits, build their confidence, and further their leadership skills. Girl Scout camp provides a magical place where girls try new things in a safe environment that celebrates the process as much as the outcome.

	Session Name	Eager Beaver price before 3/17	Price after 3/17	Entering Grades in Fall 2023
WEEK 4 JULY 9-14 (RDL 6/1)				
	Choose Your Own Adventure: Mini Camp A & B	\$225	\$250	1-4
	Choose Your Own Adventure	\$380	\$425	2-12
	Arrow Up	\$380	\$425	4-6
	Aquatic Adventures	\$380	\$425	6-9
	Wet n' Wild	\$450	\$500	5-7
	Spurs & Bits	\$450	\$500	7-10
	Counselor-in-Training 1	\$600	\$650	at least 14 by 6/1
WEEK 5 JULY 16-21 (RDL 6/1)				
	Tallchief Trails	\$380	\$405	2-12
	Bubble Up	\$380	\$405	4-6
	Wet n' Wild	\$380	\$405	6-9
	With a Bit of Tack	\$450	\$475	7-10
	Don't Rein Me In	\$450	\$475	7-10
	Counselor-in-Training 1 cont'd			
WEEK 6 JULY 23-28 (RDL 6/1)				
	Choose Your Own Adventure: Mini Camp A & B	\$225	\$250	1-4
	Choose Your Own Adventure	\$380	\$425	2-12
	Wet n' Wild	\$380	\$425	6-9
	Deck Hands	\$380	\$425	6-9
	Spurs & Bits	\$450	\$500	3-5
	Saddle Up	\$450	\$500	5-7
	Counselor-in-Training 1 cont'd			

2023 Camp Tallchief

Resident Camp Descriptions



MINI CAMP (2 NIGHTS)

Not ready to spend five nights at camp? Try our mini sessions to explore all that camp has to offer during your two night stay.

Tallchief Trails: Mini Camp
Try Tallchief Trails Mini Camp and explore all that camp has to offer during your two night experience. Take a dip in the pool and experience other traditional camp activities. Entering grades 1-4 Fall 2023.

Choose Your Own Adventure: Mini Camp
Try Choose Your Own Adventure Mini Camp and spend two nights planning and experiencing your idea of the perfect camp stay with your cabin mates. Entering grades 1-4 Fall 2023.

Giddy Up: Mini Camp
Giddy up and go! It's a wonderful world learning about ponies and horses! Learn about horseback safety and the parts of a western saddle. Learn how to brush and groom your horse and then take a ride in the arena. This includes two arena lessons. Long pants & boots/shoes with ½ inch heels are required. Entering grades 2-4 Fall 2023.



TRADITIONAL RESIDENT CAMP (5 NIGHTS)

Tallchief Trails
This is your chance to try a bit of everything camp has to offer! Try activities like swimming, nature programs, arts and crafts, swimming, canoeing, and hiking. On top of all your activities, your group will also tie-dye and spend time by the campfire.

Work towards earning your Camper badge. Campers will be grouped into cabins by age and buddy preference. Entering grades 2-12 Fall 2023.

Choose Your Own Adventure
Ever wanted to plan your own adventure? This is your chance! Work with your cabin to plan a week unlike any other. Pick from traditional camp activities like archery, boating, arts and crafts, nature activities and more! Don't forget to take a trip down the slide at the pool! Earn your Tallchief patch. Campers will be grouped into cabins by age and buddy preference. Entering grades 2-12 Fall 2023.

HORSEBACK SPECIALTY SESSIONS (5 NIGHTS)

Level 1: Spurs & Bits
Learn to groom and saddle your horse for at least four arena lessons. The week is sure to rustle up a lot of fun! Explore skills of cowgirl life and enjoy the other camp activities too. For the beginner or intermediate rider. Long pants and boots/shoes with ½ inch heels are required. Juniors will earn the Horseback Riding badge. Entering grades 3-5 Fall 2023



Level 2: Saddle Up
Now that you know how to groom and saddle your horse, it's time to hit the trails. You will have at least one arena lesson, and then it's off you go! Learn about equine health, mending fences, and maintaining trails. When you're not riding the range, you'll enjoy the other camp activities, too. For the intermediate rider. Long pants and boots/shoes with ½ inch heels are required. Juniors will earn the Horseback Riding badge. Entering grades 5-7 Fall 2023.

Level 3: With a Bit of Tack
Learn about horses, riding styles, and equestrian grooming and care. Trotting with balance and control while successfully steering in an arena will be the focus of this session. A trail ride, washing and watering the horses, and cooling off at the pool could be just a few of the activities you'll engage in. More experienced riders will get to try faster gaits and more advanced challenges. You will love horsing around in this program. Long pants and boots/shoes with ½ inch

heels are required. This is a prerequisite for Don't Rein Me In. Entering grades 7-10 Fall 2023.

Level 4: Don't Rein Me In
Ride into the sunset after improving your equine skills by riding in the arena or out on the trails. Riders will be evaluated and challenged to improve their horsemanship. Don't forget about the sleepover you'll have with your horse on the trail. Long pants and boots/shoes with ½ inch heels are required. Campers must have attended With a Bit of Tack. Entering grades 7-10 Fall 2023.

WATER SPORTS SPECIALTY SESSIONS (5 NIGHTS)

Bubble Up
Create your own tropical paradise at camp. Make a volcano. Hang out in a hammock. Eat your breakfast in the pool or have lunch on the lake. Build a raft and race your friends across the cove. You will also have time for other camp activities, too. Comfort in water and basic swimming skills required. Entering grades 4-6 Fall 2023.

Aquatic Adventures
Splash into summer! Girls will spend their week trying out paddleboards, building new skills in canoes and going stomping through the water,

all while performing different experiments to become Citizen Scientists. When not exploring all the water sources camp has to offer, girls will experience art, archery, and so much more! Entering grades 6-9 Fall 2023.



Deck Hands
Get an introduction to the wide world of sailing during this session. Learn how to sail a Sunfish on your own. Haul in the sheet and you are off on an exciting adventure. Skills include knot tying, boating terminology, and rigging procedures. Come build your sailing skills, participate in a camp regatta, and enjoy other camp activities as well. Comfort in water and strong swimming skills required. Entering grades 6-9 Fall 2023.

Wet & Wild
Slip and slide into the camp's pool, go tubing and kayaking, play water games, and try out camp's paddle boards. Take polar bear swims, moonlight dips, have a floating meal, and do lots of splishing and

splashing. From rowing races to flipping a canoe, this is sure to be a boatload of fun. Spend a day at Safari Joe's H2O in Tulsa. Comfort in water and strong swimming skills required. Entering grades 6-9 Fall 2023

Water Bugs

Do you love being at the lake? During this session, campers will have the opportunity to learn and improve their water-skiing, wakeboarding, and kneeboarding skills with individual instruction. Must be a strong swimmer and previously attended a five night session at Camp Tallchief. Entering grades 6-9 Fall 2023.



**TARGET SPORTS
SPECIALTY SESSIONS
(5 NIGHTS)**

Arrow Up

Practice archery every full day during your camp stay. Try different types of bows, learn how to care for equipment and become a skilled archer. Juniors will work toward the Practice with Purpose badge. Cadettes will earn the Archery badge. Entering grades 4-6 Fall 2023.

Right on Target

Do you want to hit that bull's-eye? Pull back the string and let those arrows fly! Experience using a compound bow! This specialty program will not only teach you the basics of archery, but also allow you to compete for nationally recognized skill level awards. Whether you're a beginner or a master archer, your skills will benefit from this exciting program. Hopefully, it's right on target! Entering grades 7-10 Fall 2023.

**LEADERSHIP
SESSIONS**

**Counselor-in-Training
(CIT) Program**

(3 weeks with weekends at home) So, you want to be a camp counselor? Find out what counselor life is really like! The CIT Program enables campers to better understand the Girl Scout practices and principles related to camping and outdoor education. The CIT Leadership Project was developed to afford Girl Scout Seniors and Ambassadors the opportunity to experience the challenges and rewards of working with younger campers in an outdoor setting. Becoming a CIT enables campers to gain insights into the responsibilities of program delivery and camp operations, offers experience in staff responsibilities, program

goals, leadership styles, child development, group dynamics, outdoor skills, and conflict resolution. Campers will build a resource notebook with games, songs, and recipes to aid in their training.

The CIT program is designed to take place over the course of two summers. CIT 1 & 2 are each three-week programs designed to give Girl Scout Seniors and Ambassadors a chance to hone their leadership skills. The experience gained in CIT 1 is expanded upon during the second summer through skill specialization, safety practices, and leading activities. Along the way there will be lots of camp memories, laughs, beautiful campfires, and building of life-long friendships.

A completed application is required to be completed after registering for CIT 1.

Must attend CIT 1 to attend CIT 2.

The CIT program is a total of six weeks of training (3 weeks per summer) with the intent of working at least one full summer at camp after completion, if eligible.

CIT 1

At least 14 by June 1.

CIT 2

At least 15 by June 1.



New for 2023!
Eager Beaver Pricing!

Register by March 17th and receive a discounted rate for each Resident Camp and Day Camp session.

RESIDENT CAMP

**CANCELLATION, REFUND,
AND TRANSFER POLICY**

All activities require advance registration and payment by the registration deadline.

- All deposits are non-refundable and non-transferable.
- There are no refunds after the registration deadline.
- Cancellations must be received before the registration deadline.

The individual making the registration will be responsible for any balance due for:

- Cancellations received after the registration deadline
- Any balance due for girls who are "no shows"

In the event that GSEOK has to cancel a program, a full refund including the deposit will be provided. This policy includes all methods of payment including those made with Cookie Program Credit.

No refund will be given for campers:

- Arriving with active bed bugs, lice, eggs, or nits
- Arriving late or leaving early
- Who are sent home for communicable diseases
- Who are sent home for exhibiting improper behavior

TRANSFER REQUEST

Requests to transfer sessions must be made before the registration deadline and require a \$25 session transfer fee.

**2023 CANCELLATIONS
DUE TO ILLNESS**

While we are unable to provide a no-risk cancellation refund policy, we assure you that if your camper is ill we will first try to reschedule. As a nonprofit that relies on income from program payments, it is important to understand that the financial implications of cancelling from a camp session are serious. Prior to camp, many preparations are made that incur expenses for the council.

Girl Scout Highest Awards

*Issues of the world,
meet your match!*

Every Girl Scout goes above and beyond to make a difference in her community and the greater world. The skills and experiences she gains along the way set her up for special recognition through the Bronze, Silver, and Gold Awards. The council should be notified of girls working on Bronze and Silver Awards.



BRONZE AWARD

When Girl Scout Juniors team up to make a difference in their community, they learn important leadership skills, discover new passions, and watch how seemingly small actions make a big difference. It all adds up to the Girl Scout Bronze Award—the highest honor a Junior can achieve.

Download the Bronze Award guidelines to find out how.



SILVER AWARD

When Girl Scout Cadettes focus on an issue they care about, learn the facts, and take action to make a difference, they gain the confidence and skills that will catapult them to lifelong success. It all adds up to the Girl Scout Silver Award—the highest honor a Cadette can achieve.

Download the Silver Award guidelines to find out how.



GOLD AWARD

The Girl Scout Gold Award is the mark of the truly remarkable—proof that not only can she make a difference, but that she already has. Seniors and Ambassadors who earn the Gold Award tackle issues that are dear to them and drive lasting change in their communities and beyond. The Gold Award is a key that can open doors to scholarships, preferred admission tracks for college, and amazing career opportunities.

Download the Gold Award guidelines to find out how.



► Gold Award Process

The Girl Scout Gold Award requires council approval before beginning work on the project. Use Go Gold Online to apply for the Gold Award (gogold.girlscouts.org).

Girls who complete their project and submit their final report by December 31 may be eligible to receive their award at a celebration in early April of the following year.

► Bronze & Silver Award Process

Visit gseok.org/bronze or gseok.org/silver, complete the form online, and submit the Intent to Earn, and after completion, the Final Report.

Go Gold Workshop

Are you ready to Go Gold? Learn about the prerequisites you need to complete before beginning the Gold Award process. Attend this informal meeting and let's talk about it! This course is required for girls prior to working on their Gold Award. Workshops will be held in January, February, April and May.

Ambassador Journey Weekend:

Your Voice, Your World

Have you just bridged to the Ambassador level? Do you need to complete a journey before you can start your Gold Award? If so, this is your chance to get a jump-start on the Your Voice, Your World journey!

Your Voice, Your World: The Power of Advocacy. How often have you seen something that really needed to be changed and wondered, “Why isn’t someone doing something about that?” This journey, for eleventh- and twelfth-graders gives Girl Scout Ambassadors a way to be that someone – an advocate with the power to start the first flutter of real and lasting change. While creating their own “butterfly effect,” they’ll learn skills – such as networking, planning, and speaking up for what they believe – that will prepare them for life beyond high school. This event will cover every step but the Take Action project. This is an individual event. If multiple girls from a troop are attending they will be placed in the same cabin for sleeping, but will be split up into different groups during activities. Please make sure girls are aware of this before signing up for this April weekend.



LEADERSHIP OPPORTUNITY

Girl Advisory Committee

The Girl Advisory Committee serves as the girl voice for our council. You will help Program Managers in advising them on programs to offer to girls of all ages, as well as be the first in line of helping shape what Girl Scouts will look like here in Eastern Oklahoma.

As a member of the advisory committee you will be required to:

- Attend a Kick-Off overnight at Camp Tallchief August 19-20, 2023
- Attend monthly Zoom meetings held the second Thursday of every month at 6:30 pm (girls will be able to miss one Zoom meeting each year)
- Assist in planning/running one of two events held annually (can help at both, but *must* help at one)

Juliette Gordon Low Birthday Tea Party on October 29, 2023
SWAPs, SONGs, & SMOREs on May 4, 2024

Applications will open online on April 1! Girls can apply for a one year appointment that runs from August 2023 – May 2024. Girls are able to reapply each year for the Committee. This opportunity is open to Girl Scouts in grades 9-12 (2023-2024 school year).

If you are interested in this amazing leadership opportunity check our website at gseok.org or Facebook & Instagram for the link to the application on April 1. Application will close on June 30, 2023 with acceptance emails going out on July 15.

NEW!

Outdoor Patches for Spring 2023



Girls Run the World

Ready for a challenge? Enter Girl Scouts Run the World patch program!

Set a goal, build your athletic skills and give back to your community as you explore the world of running, though running isn't your only option. We all move our body in different ways. To earn this patch set any distance goal and work through the patch activity packet.



Outdoor Skills Progression Patch Series

The Outdoor Skills Patch Program is a progressive, five-level program to help Girl Scouts learn and become proficient in outdoor skills.

Through this patch program, girls explore leadership, build skills, and develop a deep appreciation for nature. The patch program highlights first aid, environmental stewardship, fire building, outdoor safety, knife safety, outdoor cooking, knots, lashing, and navigation skills.

2023 Programs

Spring & Summer

Check out our upcoming events!

Click on the Event Title for more information and to register.

Date	Event Title	RDL	D	B	J	C	S	A
JANUARY								
13	Digital Cookie Registration Email							
13-16	6th Grade Trip to Kansas City (Grade 6)	12/11						
14	Go Gold Workshop	1/6						
15	Juliette Low Leadership Society Scholarship Applications Due							
17	Resident Camp and Day Camp Registration Opens							
20-22	Whodunnit?! Mystery Weekend	11/1						
21	Cookie Sales through January 21-March 19							
21	Tour of Italy & Switzerland 2025 Interest Meeting	1/19						
21	Red Cross Preparedness Workshop (Grades K-2)	1/6						
21	Red Cross Preparedness Workshop (Grades 3-5)	1/6						
22	Older Girl Leadership Series: Time Management	1/19						
FEBRUARY								
4	Tour of Italy & Switzerland 2025 Interest Meeting	2/2						
4	Dancer Badge Workshop with Tulsa Ballet	1/15						
10	Cookie Booth Sales Begin February 10							
12	Older Girl Leadership Series: Money Smarts	2/9						
16	Go Gold Workshop	2/10						
18	Chandler Scramble	2/9						
19	Chandler Rock On! Rappelling	2/9						

Date	Event Title	RDL	D	B	J	C	S	A
MARCH								
1	Troop Camping Request Deadline for May-July at Council Camps or Facilities							
4	Cybersecurity Workshop	2/19						
5	Volunteer for Day Camp Q&A Zoom							
9	Cookie Construction	1/31						
14-18	Spring Break Trip to Denver	2/12						
17	Eager Beaver Pricing Ends for Resident Camp and Day Camp Registration							
24-26	Program Aide Training	2/26						
25	Coding Workshop	3/5						
25	Cybersecurity Workshop	3/5						
25	Junior Horseback Riding Workshop	3/13						
26	Junior Horseback Riding Workshop	3/13						
26	Tour of Italy & Switzerland 2025 Interest Meeting	3/23						
26	Older Girl Leadership Series: How to Have a Job	3/23						
APRIL								
1	Early Bird Renewal Begins (through May 31)							
1	Gold Award Ceremony	12/31						
8	Animal Habitats @ Sutton Avian Research Center	3/26						
8	Go Gold Workshop	3/31						
14-16	Junior Journey Weekend - Agent of Change	3/19						
14-16	Ambassador Journey Weekend - Your Voice, Your World	3/19						
15	Outdoorsy Girl	3/16						
15-16	Backpacking 101 (Age 14+)	3/19						
15	Horseback Riding at Dreamcatcher Arena	3/31						
16	Horseback Riding at Dreamcatcher Arena	3/31						
16	Camp Clean Up Day - Camp Tallchief	4/7						
21-23	"O" Mystery Adventure	4/2						
21-23	Great Wolf Lodge Event (Girls who sell 2000+ packages)							

Date	Event Title	RDL	D	B	J	C	S	A
21-22	Girl Scout Night at Tulsa Drillers + Overnight	3/19						
22	Pony Pals	4/7						
23	Pony Pals	4/7						
29	Tour of Italy & Switzerland 2025 Interest Meeting	4/27						
29	Back in the Saddle	4/14						
30	Trail Rides	4/14						
30	Older Girl Leadership Series: Global Advocacy	4/13						
MAY								
1	Resident Camp Registration Closes for Sessions 1-3							
5-6	Blue Blazes Trail Hike	4/23						
6	Swaps, Songs & S'mores	4/23						
6	Tri Adventure	4/23						
6	Back in the Saddle	4/21						
6	Science Museum OK Event (Girls who choose this option at 1,250+ pkgs sold)							
7	Day Camp Registration Closes							
7	Trail Rides	4/21						
11	Go Gold Workshop	5/5						
13	Tour of Italy & Switzerland 2025 Interest Meeting	5/11						
14	Older Girl Leadership Series: After High School...	5/11						
15	Tour of Italy & Switzerland 2025 Application Closes							
20-21	Canoe Level 1	5/7						
20	Horseback Riding at Dreamcatcher Arena	5/5						
21	Horseback Riding at Dreamcatcher Arena	5/5						
31	Early Bird Renewal Ends							
JUNE								
1	Troop Camping Request Deadline for Aug.-Oct. at Council Camps or Facilities							
1	Resident Camp Registration Closes for Sessions 4-6							
3-4	Canoe Level 1	5/21						

Date	Event Title	RDL	D	B	J	C	S	A
3	600 Club Event (Girls who sell 600+ packages)							
4	Disney's The Lion King Musical (Girls who choose this option at 1,500+ pkgs sold)							
5-9	Watastota Day Camp	5/7						
5-9	Willow Haven Day Camp	5/7						
5-9	Hill-n-Dale Day Camp	5/7						
11-16	Resident Camp Sessions Week 1	5/1						
12-16	Sylvia Stapley Day Camp	5/7						
18-23	Resident Camp Sessions Week 2	5/1						
24-25	Canoe Level 2 (Pre-Req: Canoe Level 1)	6/11						
25-30	Resident Camp Sessions Week 3	5/1						
JULY								
9-14	Resident Camp Sessions Week 4	6/1						
17-22	Resident Camp Sessions Week 5	6/1						
20-25	Girl Travel: Phenom 2023 (GSUSA Convention)	4/16						
23-28	Resident Camp Sessions Week 6	6/1						
AUGUST								
4-6	Caving @ Alabaster Caverns	7/16						
13	Older Girl Leadership Series: Application & Interview Skills	8/10						
19-20	Canoe Level 3 (By Invitation Only)	8/6						
SEPTEMBER								
1	Troop Camping Request Deadline for November-January at Council Camps or Facilities							
1	Intro to International Travel: London 2024 Application Closes (Spring Break)							
9-10	GSUSA's Girl Scouts Love State Parks Weekend							
10	Older Girl Leadership Series: Voting & Democracy	9/7						
16	Canoe Rendezvous	8/16						
OCTOBER								
6-8	Junior Troop Trip to Hutchinson, KS	8/27						
18-22	Fall Break Trip to St. Louis (Grades 7-9)	9/10						

Semi-Private Horseback Lessons

Are you interested in learning to ride a horse or improve your current riding skills?

Semi-private horseback riding lessons benefit riders of all riding abilities, whether you are a seasoned rider, have only ridden with your troop a time or two, or are a complete beginner. Riders will be grouped with no more than four students in an hour long session. Lessons are scheduled weekly throughout the spring. Brownies-Ambassadors.

Riders must wear long pants (preferably jeans) and boots with a 1/2" heel.



Fee: \$45/lesson
Minimum 2 / Maximum 4

Refund & Cancellation Policy for Program Events & Activities

All activities require advance registration and payment by the registration deadline.

- All despoits are non-refundable and non-transferable.
- In the event activity fees do no require a deposit, full payment is required for registration.
- Cancellations must be received before the registration deadline.
- There are no refunds after the registration deadline.

The individual making the registration will be responsible for any balance due for:

- Cancellations received after the registration deadline.
- Any balance due for girls who are "no shows."

On occasion, a council or third-party event will not allow refunds at any time after a registration has been made, this will be noted in the event description.

In the event that GSEOK has to cancel a program, a full refund including the deposit will be provided. This policy includes all methods of payment including those made with Cookie Program Credit.

DID YOU KNOW?

Cookie Program Credit

Using your Cookie Program Credit to pay activity fees is easy!

Cookie Program Credit works similar to your typical gift card. It is an individual reward acknowledging a girl's hard work and entrepreneurial success. Girls can use their Cookie Program Credit for Girl Scout programs and merchandise!

Check Cookie Program Credit balance at any time by visiting <http://www.storecard.com> and entering card number and CVV code from your email.

For FAQs on Cookie Program Credit, visit <https://www.gseok.org/cookiecredit>



HERE'S HOW:

During the payment portion of registering for an activity, select the Cookie Program Credit icon to use the girl's Cookie Program Credit. Once selected, a box will pop up to enter the 19-digit number.

Should the payment required exceed the amount of Cookie Program Credit, the available amount will be applied, and then you will be prompted for another form of payment. You will see on the right-hand side of the Cookie Program Credit applied to the balance. Once the other form of payment has been selected and information entered, select "Make Payment." After the payment is processed you will receive a confirmation email/receipt of payment.



GSEOK Travel

Every girl deserves a chance to see the world – whether that means on the other side of town or the other side of the world. GSEOK Travel is Girl-Led and Girl-Focused! That means Girls are at the forefront of their trip. GSEOK Travel is not a vacation but a project in which girls participate: researching, planning, money-earning, teaching and working together to create an adventure of their own.



Girl Scout Travel Teaches:

- Decision Making Skills
- Money Management & Budgeting
- World View
- Confidence & Independence
- Time Management
- Teamwork
- Adaptability
- Organization & Planning



JUNIOR TROOP TRIP TO HUTCHINSON, KS October 6-8, 2023

Grab your troop and get ready to meet up with other troops from across the council for a weekend full of fun, friendship, and adventure.

- Age Level: 2nd year Girl Scout Juniors (2023-2024 school year)
- Trip Cost: \$175 per girl, \$75 per adult
- Registration will open March 2023



SPRING BREAK TRIP TO DENVER March 14-18, 2023

During the 2022-2023 school year, districts across Oklahoma had different Fall Breaks. In an effort to serve all girls across Eastern Oklahoma we moved our regular Fall Break trip to Spring Break this year. Visit popular and lesser-known attractions in the capital of Colorado.

- Age Level: 7th – 9th grades (2022-2023 School Year)
- Trip Cost: \$400
- Registration Deadline: Feb. 12, 2023



SIXTH GRADE TRIP January 13 -16, 2023

An exclusive trip just for individual 6th grade Girl Scouts to Kansas City. Explore all the fun at the Science City & Planetarium. Let your inner child fly at the toy and miniature museum. Learn a little history at the Truman Presidential Library.

- Age Level: 6th grade (2022-2023 School Year)
- Trip Cost: \$250
- Registration Deadline: Dec. 11, 2022



TOUR OF ITALY & SWITZERLAND July 2025 (Exact dates TBD)

Spend 16-19 days exploring all the unique sites in Italy & Switzerland. See amazing historical locations in Italy and end the trip visiting a WAGGS World Centre: Our Chalet. The fun part is travelers will decide everything we get to do and see on this trip. Attend an information meeting to get your application prepared. This trip involves a selection process.

- Age Level: 15 years old by June 1, 2025
- Trip Cost: \$3800
- Application Deadline: May 15, 2023



Phenom 2023

(GSUSA Convention)

Phenom 2023

July 20-25, 2023
Walt Disney World® Resort

REGISTER NOW

Cost: \$1,600

- Round-trip airfare
- 5-night stay at a Walt Disney Resort Hotel
- All meals
- Phenom by Girl Scouts registration Fee
- All activity fees

For three days, girls will dominate Orlando, FL – and we want you to be there. In July 2023 thousands of girls and their supporters from around the world will come together for the 56th National Council Session in Orlando. After the business meeting is conducted with Council Delegates, Phenom by Girl Scouts will begin!

Hosted by Girl Scouts of the USA, the mega event will provide attendees with unforgettable experiences as they gain inspiration, tools to empower themselves, and the know-how to lead change in their communities – connecting with some of the most influential women in the world along the way!

Phenom by Girl Scouts consists of exciting experiences in the Expo hall and other fun and enriching programming. Meet special guests, attend the Gold Award celebration, and take part in amazing activities and demos, and so much more!

The trip is open to Girl Scouts currently in grades 8-12. Registration deadline is April 16, 2023. All Girl Scouts attending the trip must attend an in-person meeting on **Sunday, May 14, 2023 from 1:00 p.m. to 3:00 p.m.** and all Girl Scouts and their parent/guardian must attend a meeting on **Sunday, June 18, 2023 from 1:00 p.m. to 3:00 p.m.**

Intro to Travel

Spring Break Trips

A beginners guide to Summer Travel!

Starting in 2024, GSEOK Intro to Travel trips will introduce travelers to travelling with large groups, planning a trip, and how to be a successful traveler. Yearly, destinations will alternate between London and Boston. These trips are great for girls who haven't spent much time away from home or aren't quite ready for a two or three-week long summer trip.

These trips will switch between Intro to National Travel: Boston on odd numbered years and Intro to International Travel: London on even numbered years.

INTRO TO INTERNATIONAL TRAVEL: LONDON (Spring Break 2024)

Spend your Spring Break in London, England with Girl Scouts from all across Eastern Oklahoma. You'll get to stay at the WAGGGS World Centre: Pax Lodge and explore the sights and sounds of the city!

Girl Scouts selected for the trip must attend three required preparation meetings on **Sunday, October 8, Sunday, December 3, and Sunday, February 18** (this meeting is a required parent meeting).

Girl Scouts interested in applying must be 14 years old by June 1, 2024. There is a short application and selection process. **Application deadline is September 1, 2023** and selections will occur by September 15, 2023.

Cost of the trip is \$2,200 with a \$200 non-refundable deposit due at time of trip selection. All girls selected for the trip must adhere to the following payment schedule and cancellation policy:

• Program Fee for trip includes a non-refundable deposit due at the time of trip selection.

• Payment in full is due 60 days prior to the trip.

• If you choose to cancel your trip, your refund will vary based upon how soon the trip is occurring. Your deposit is non-refundable under any circumstances. Any portion of a Girl Scout's trip fee that has

already been spent, will not be refunded. EX: If plane tickets have already been purchased, the value of those tickets will be deducted from your refund.

► 90+ days prior to trip: 50% refund of trip fees paid, less deposit and any portion of paid trip fees that has already been spent.

► 90 days or less prior to trip: No refunds will be given.





INTERNATIONAL TRAVEL

Tour of Italy & Switzerland

Girl Scouts of Eastern Oklahoma is going to Italy & Switzerland in July 2025. Spend 16-19 days exploring all the unique sights in Italy and Switzerland. See amazing historical locations in Italy or the beautiful countryside. Finish the trip off with a visit to one of the WAGGGS World Centres: Our Chalet in Adelboden, Switzerland. The fun part is girls will decide everything we get to do and see on this trip.

During Girl-only meetings, travelers will research places to stay, things to see, transportation options, and make sure the trip is staying on budget. The Italy & Switzerland travel troop will meet every other month until August 2024 and then will meet every month until the trip. Meeting dates are given well in advance once trip selections are made. Travelers are expected to not miss more than two meetings per Girl Scout year (Oct – Sept). There will be specifically required meetings that you must attend.

Girl Scouts must be 15 years old by June 1, 2025 to attend this travel opportunity.

Girls wishing to be considered for this trip must attend an interest/info meeting before applying. Interest meeting dates are as follows:

January 21, 2023 at 10:00 a.m.

Hardesty Leadership Center
(Tulsa Office)

February 4, 2023 at 1:00 p.m.

McAlester Girl Scout Service Center

March 26, 2023 at 2:00 p.m.

Hardesty Leadership Center
(Tulsa Office)

April 29, 2023 at 10:00 a.m.

Hardesty Leadership Center
(Tulsa Office)

May 13, 2023 at 2:00 p.m.

Hardesty Leadership Center
(Tulsa Office)

After attending an interest meeting, the traveler must complete an online application. This application takes about 30 minutes to complete and must be completed in one setting. Application consists of demographic information, five short answer questions, skills ranking, an essay, and request to provide the name and email addresses for two non-relative references. **Application deadline is May 15, 2023.** Applicants will be informed of trip selections by June 15, 2023.

Cost of the trip is \$3,800 with a \$200 non-refundable deposit. All girls selected for the trip must adhere to the following payment schedule/cancellation policy:

- Program Fee for the trip includes a non-refundable deposit due at the time of trip selection.
- Half of the trip cost (\$1,700) is due by August 31, 2024. Payment in full is due 60 days prior to trip.
- If you choose to cancel your trip, your refund will vary based upon how soon the trip is occurring. Your deposit is non-refundable under any circumstances. Any portion of a Girl Scout's trip fee that has already been spent, will not be refunded. EX: If plane tickets have already been purchased, the value of those tickets will be deducted from your refund.
- ▶ 240+ days prior to trip: 75% refund of trip fees paid, less deposit and any portion of paid trip fees that has already been spent.
- ▶ 90-240 days prior to trip: 50% refund of trip fees paid, less deposit and any portion of paid trip fees that has already been spent.
- ▶ 90 days or less prior to trip: No refunds will be given.

• If a Girl Scout cancels from the trip, she will forfeit any funds earned through the travel troop's product sales or money-earning opportunities. Those funds will remain in the travel troop treasury.

▶ [CLICK HERE TO APPLY](#)

Find FAQ's about council-sponsored travel [here](#).



Adults & Volunteers

Adult Training Sessions

Date	Event Title	RDL	Location	Cost
JANUARY				
7	Safety Basics	12/15	Ponca City	\$20
7	Safety Basics	12/15	Ada	\$20
14	Safety Basics	12/31	McAlester-GSCC	\$20
14	Safety Basics	12/31	Tulsa-HLC	\$20
FEBRUARY				
8	Adult Astronomy/Telescope Training	2/1	Tulsa-HLC	\$0
11-12	Wilderness First Aid	2/2	Camp Wah-Shah-She	\$55
18	Safety Basics	2/2	Tulsa-HLC	\$20
MARCH				
11	Adult Archery	3/2	Camp Tallchief	\$60
18	Safety Basics	3/2	Tulsa-HLC	\$20
25	Canoe Fun Day for Adults	3/16	Camp Tallchief	\$10
APRIL				
4	Safety Basics	3/16	Claremore/Foyil	\$20
15-16	Troop Camper Training 1	3/20	Camp Swannie	\$10
MAY				
6-7	Troop Camper Training 2	4/27	Camp-Wah-Shah-She	\$40
6-7	Adult Canoe Level 1	4/27	Camp Wah-Shah-She	\$45
13	Safety Basics	4/27	Tulsa-HLC	\$20
13	Adult Archery	5/4	Camp Tallchief	\$60
19-20	Lifeguard Training	5/8	Camp Tallchief	\$90
21	Waterfront Lifeguard	5/8	Camp Tallchief	\$40
AUGUST				
3	Start/Coach a Lego Robotics Team	7/26	Tulsa-HLC	\$0



Be Prepared for Troop Camping!

Camping is great way for girls to explore leadership, build skills, and develop their appreciation of nature. Volunteers can get prepared by taking Camper Training.

Reservations can be scheduled for Camps Swannie, Tallchief, and Wah-Shah-She, as well as the Troop House in Tulsa (one-night only), Eaton Lodge in Cushing, the Ponca City Program Center, and the Girl Scout Service Centers in Bartlesville and McAlester.

All adults spending the night with a Girl Scout troop or group must be registered members with current background checks.

SCHEDULING

How to schedule a council camp or facility for a one- or two-night stay: The council uses a lottery system four times a year to schedule troop camping. **Complete Form #576F (Request for Reservation of Council Campsite)** and submit by the following deadlines:

- **March 1 (for May-July)**
- **September 1 (for Nov-Jan)**
- **June 1 (for Aug-Oct)**
- **December 1 (for Feb-Apr)**

Once you receive notice of placement, **Form #585F (Request for Approval of Activity or Overnight)** and payment will be due four (4) weeks in advance. If you miss the lottery, you can still submit a request 6-8 weeks in advance of your requested date. Placement will be first come first serve for those requests.

Submit all forms and questions to camps@gseok.org.

BUDDY CAMPING

If your troop wants to buddy camp with another troop staying in the same cabin, unit, etc., you can share trained/certified people (troop camper, first aider, etc.). No more than two troops can share the same troop camper or first aider. Both troops must submit required paperwork and both troops will pay the usage fee.

REQUIRED TRAINING

The troop must have a person with the following training before you may use any council facility:

- **Site Orientation, First Aid/CPR, and Beyond the Meeting** training are required for the Troop House (usage with NO outdoor cooking or outdoor skills), Eaton Lodge (Cushing), Ponca City Program Center, and the Girl Scout Service Centers in Bartlesville and McAlester.
- **Site Orientation, First Aid/CPR, Beyond the Meeting, and Troop Camper** training are required for the Troop House (with usage of outdoor cooking or other outdoor skills).
- **Site Orientation, First Aid/CPR, Beyond the Meeting, and Troop Camper** training are required for Camps Swannie, Tallchief, and Wah-Shah-She.

CANCELLATION

Refunds can only be issued when a cancellation is received at least four (4) weeks before the activity date. Please read all the information sent to you in the scheduled and approval notices, and the DoubleKnot receipt confirmation. There are two from DoubleKnot. One is a placement confirmation with an invoice. Another with the actual payment receipt confirmation.



SERVICE UNITS:

Service Unit Camp Outs are scheduled with the eligible units on a rotating basis. Once scheduled, the coordinator should submit **Form #586F (Service Unit Activity Information)** eight (8) weeks in advance.

For more information, please review **Form #686aT (Service Unit Reservation Procedures)**.



Council Program

Volunteers Needed!

Our program volunteers are a dynamic and diverse group—whether you’re a recent college grad, a parent, a retiree, or a Girl Scout alum, we encourage you to get involved! Anyone with a sense of curiosity and adventure can help make Girl Scouting a powerful leadership experience for our Girl Scouts.



Council Event Volunteers

Event volunteers support the Girl Scout program delivery through opportunities such as assisting with event set-up, registration, the leading of girl activities, and more. You’ll work with our Program staff to identify events that fit your interests, talents, and expertise and can volunteer as little or as much as you like! The Girl Scout Leadership Experience focuses on our 4 pillars: STEM, Entrepreneurship, Outdoors, & Life Skills.

Career Exploration Expert

Host a seminar or workshop for girls to teach them about a specific topic or career path based on your field of expertise.

Subject Matter Expert Volunteers

Do you have specific skills or passions you can share? Lend a hand by teaching girls about your area of expertise. Whether you’re experienced in improv comedy, computer programming, public speaking, or using power tools, your knowledge is needed!

Volunteer Committees are groups of volunteers who work on specific initiatives.

Outdoor Adventure Committee

Our volunteer outdoor educators are always looking for new ways to share the great adventure of the out-of-doors with our Girl Scouts. Whether you have experience or only want to assist, new adult volunteers are always needed and welcomed. Committee members will help build & plan GSEOK’s Outdoor Adventure program and then lead, and educate our Girl Scouts during council outdoor events.

Girl Scout Gold Award

Advisory Committee

Gold Award Committee Members help girls through the process of earning their Gold Award by providing guidance, support, and mentorship to Girl Scouts (grades 9-12). The Gold Award is the highest award available to Girl Scouts and has a strong emphasis on community leadership. Committee members ensure that Gold Award projects meet national guidelines and make recommendations on project progress and approval.

STEM Advisory Committee

The role of the Science, Technology, Engineering, and Mathematics (STEM) Advisory Committee is to provide advice and recommendations to the council pertaining to STEM learning, assess the council’s progress in carrying out responsibilities related to the STEM Strategic Plan, and help identify need or opportunity to create new initiatives aimed at preparing all Girl Scouts to be STEM-ready! We are looking for volunteers from all areas of Eastern Oklahoma and with varying degrees of comfort with STEM subjects.

Intrigued? Would you like more information? Let us know, and we’ll reach out to you soon!



Visit the Girl Scout Store today!

SUN & MON
TUES-FRI
SAT

CLOSED
10 A.M.-5:30 P.M.
10 A.M.-2 P.M.

4810 S. 129TH EAST AVE.
TULSA, OK 74134



Be sure to follow our Facebook page
to stay updated on NEW merchandise,
sales and services offered!

girl scouts 
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