

Get Outside! Patch Program - SPRING

This patch program encourages Girl Scouts to get outside in every season! To earn this season's Get Outside! patch, complete the number of activities for your level (at bottom of page)

BE ACTIVE

- ✿ Make a wish as you blow on a dandelion
- ✿ Run or roll down a hill
- ✿ Try out a new sport
- ✿ Find an item in nature for each letter of the alphabet
- ✿ Play with your pet outdoors
- ✿ Locate fractals in nature
- ✿ Recycle at least 50 things
- ✿ Go birdwatching and identify 5 different birds
- ✿ Earn a Girl Scout outdoor badge
- ✿ Look for four leaf clovers
- ✿ Create an obstacle course in your driveway or backyard
- ✿ Practice yoga outside
- ✿ Lie in the grass and spot shapes in the clouds
- ✿ Go on a bug hunt
- ✿ Find some critters in a pond or creek
- ✿ Take a bike ride with your family
- ✿ Your choice! _____



CREATE

- ✿ Draw 5 common trees found in Oklahoma
- ✿ Make a SWAP to share with a Girl Scout sister
- ✿ Build your own compost pile
- ✿ Make art using outdoor materials
- ✿ Create a cozy spot outside by stringing lights
- ✿ Write a play, choreograph a dance, sing a song, and perform on an outdoor stage
- ✿ Make native wildflower seed bombs
- ✿ Decorate a flower pot and plant a flower
- ✿ Keep a weather log for 30 days
- ✿ Find symmetry in nature and take a picture of it
- ✿ Create a windsock and learn more about the wind
- ✿ Make up a jump rope routine to your favorite song
- ✿ Lash something you can sit on
- ✿ Your choice! _____

LEARN

- ✿ Learn how to read a road map and topography map
- ✿ Celebrate Earth Day!
- ✿ Study tick safety
- ✿ Visit GSEOK.org for summer camp information!
- ✿ Find out how rainbows appear and spot one after it rains
- ✿ Review GSUSA's Tree Promise on girlscouts.org. Will you earn the patch?
- ✿ List different ways to keep food safe from wildlife
- ✿ Become well versed in how to layer clothing when hiking
- ✿ Read safety tips if you are caught outside during thunderstorms and lightning
- ✿ Brainstorm ways to prevent common outdoor injuries or ailments
- ✿ Your choice! _____

BE HELPFUL

- ✿ Plant a tree that is native to your area
- ✿ Take a Clean Up Hike, picking up litter along the way
- ✿ Perform a Random Act of Kindness
- ✿ Text or write a compliment to a friend
- ✿ Your choice! _____



Spring!

Get your SPRING patch!

Once you complete the number of activities for your level, contact the Girl Scout Store to order your patch. Email store@gseok.org or call 918-745-5252 to

We want to see you!

Send photos of your girl completing activities from the Get Outdoors! Patch Program this spring to news@gseok.org for a chance to be featured on GSEOK social media!



NUMBER OF ACTIVITIES REQUIRED PER GRADE LEVEL TO EARN YOUR SPRING Get Outside! PATCH

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
10	15	20	25	30	30