



# Get Outside! Patch Program - WINTER 2020

This patch program encourages Girl Scouts to get outside in every season!

To earn this season's Get Outside! patch, complete the number of activities for your level (at bottom of page) between **December 21 - March 19**.



## BE ACTIVE

- ❄️ Turn your favorite board game into a real life outdoor adventure
- ❄️ Play your favorite outdoor sport
- ❄️ Go on a bike ride
- ❄️ Play hide and seek with glow jewelry
- ❄️ Have a Candy Cane hunt in your backyard
- ❄️ Do something to conserve energy in your home
- ❄️ Sing a camp song while taking a bath
- ❄️ Take a virtual tour of a national park
- ❄️ Find heart shaped objects in nature
- ❄️ Blow bubbles - if really cold, they may freeze!
- ❄️ Earn an Outdoors Badge
- ❄️ Cozy up by a fire (indoor or out) with a warm drink
- ❄️ Partipate in a First Day Hike at a State Park
- ❄️ Go on a walk to look at holiday lights
- ❄️ Lead a virtual outdoor skill workshop for younger girls
- ❄️ Celebrate Winter Solstice in some way!
- ❄️ Your choice! \_\_\_\_\_

## CREATE

- ❄️ Complete a jigsaw puzzle with an outdoor scene
- ❄️ Create an outdoor snow volcano
- ❄️ Build an edible fire
- ❄️ Assemble a small, basic outdoor first aid kit
- ❄️ Design a poster showing all the ways you can care for the environment
- ❄️ String popcorn and cranberries to decorate a tree for the birds
- ❄️ Make frozen suncatchers
- ❄️ Cut out paper snowflakes to hang in your bedroom
- ❄️ Record a video during your next hike
- ❄️ Bake a birthday dessert to celebrate Girl Scouts Birthday (March 12)
- ❄️ Arrange a fort camp in the living room
- ❄️ Draw the Northern Lights
- ❄️ Sketch a view of the outdoors from your window
- ❄️ Build and launch a rocket into the sky
- ❄️ Your choice! \_\_\_\_\_

## LEARN

- ❄️ Learn about an inspiring woman in the outdoors
- ❄️ Watch a movie about an outdoor adventue
- ❄️ Find 3 tips for winter tent camping
- ❄️ What animals hibernate in the winter? Why?
- ❄️ Check out 5 Winter Olympic sports videos
- ❄️ Name the basics parts of a canoe then teach them to a family member
- ❄️ What constellations are more visible in winter? Find them in the sky!
- ❄️ Discover flowers that survive in winter
- ❄️ Read about GSEOK's 2021 Summer Camps
- ❄️ Identify coniferous trees
- ❄️ Learn about hypothermia, frostbite, the differences and how to prevent/treat
- ❄️ Research how to build a quinzee
- ❄️ Explore an environmental issue relating to water.
- ❄️ Your choice! \_\_\_\_\_



## BE HELPFUL

- ❄️ Donate a blanket or coat
- ❄️ Do a good deed for someone in your family
- ❄️ Choose an outdoors service project
- ❄️ Your choice! \_\_\_\_\_



**Get your WINTER patch!**  
Once you complete the number of activities for your level, contact the Girl Scout Store to order your patch. Email [store@gseok.org](mailto:store@gseok.org) or call **918-745-5252** to order.

# Hello winter

**We want to see you!**  
Send photos of your girl completing activities from the Get Outside! Patch Program this winter to [news@gseok.org](mailto:news@gseok.org) for a chance to be featured on GSEOK social media!

NUMBER OF ACTIVITIES REQUIRED PER GRADE LEVEL TO EARN YOUR WINTER Get Outside! PATCH					
Daisy	Brownie	Junior	Cadette	Senior	Ambassador
10	15	20	25	30	30