

# GIRL SCOUTS LEAVE NO TRACE

Learn and be prepared to use the **Leave No Trace Seven Principles** to help protect the environment on your trip:



**Plan ahead** so you leave nothing behind. Get to know the area you'll visit. Repackage and store food in reusable containers.



**Travel and camp on durable surfaces.** Walk only on existing trails and camp on surfaces that are already impacted or are durable enough to withstand repeated trampling.



**Dispose of waste properly:** Carry out what you carry in—never dump anything on a campsite or into a water source.



**Leave nature as you find it—**don't collect or take anything from the outdoors.



**Minimize campfire impacts:** Instead of using firewood and building campfires, pack a lightweight cooking stove and lantern.



**Respect wildlife** by checking them out at a distance. Never approach, feed, or follow them.



**Be considerate of other visitors.** Remember you're not alone in the wilderness. Keep your voices down and let nature be the loudest sounds you hear.