

RESOURCE GUIDE ♣



4810 South 129th East Avenue | Tulsa, OK 74134
gseok.org | 1-800-707-9914 | customercare@gseok.org

Welcome to Girl Scouts!

Becoming a Girl Scout is a wonderful decision for your daughter's future. As a Girl Scout, your daughter will have fun, age-appropriate experiences that will build her confidence and widen her horizons as she learns to work with others and on her own. Her experiences in Girl Scouting will help her become a leader in her own life and in the world.

Adult volunteers receive training from the council and serve as role models for girls. Volunteers are instilled with the core values of Girl Scouting and help girls Discover their world, Connect with others, and Take Action in their community.

There are various ways for parents to participate and volunteer, such as becoming trained leaders themselves, presenting short term programs, and helping with communication, transportation, and special events. Parents may also participate with their Girl Scouts in the many individual girl events you'll learn about in council publications and communications. Thank you for supporting your troop's leadership. Volunteers give a part of their lives to help your daughter discover her potential.

To learn more, visit us at gseok.org.



Roberta Preston, President and Chief Executive Officer

Since March 12, 1912, when the original G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)TM powerhouse, Juliette Gordon "Daisy" Low, organized the very first Girl Scout troop in her hometown of Savannah, Ga, Girl Scouts has provided girls of all ages and backgrounds with thousands of unique, girl-led experiences. Through Girl Scouts, girls are challenged, taught, connected, and encouraged to take meaningful

action at every turn. We're not stopping until every girl is prepared to empower herself for a lifetime of leadership, success, and adventure.



HER GIRL SCOUT EXPERIENCE

Compared to non-Girl Scouts, Girl Scouts are more likely to...



DEVELOP A STRONG SENSE OF SELF

They have confidence in themselves and their abilities, and are happy with who they are as a person.



DISPLAY POSITIVE VALUES

They act ethically, honestly, and responsibly, and show concern for others.



SEEK CHALLENGES

They take appropriate risks, try things even if they might fail, and learn from mistakes.



FORM HEALTHY RELATIONSHIPS

They develop and maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.

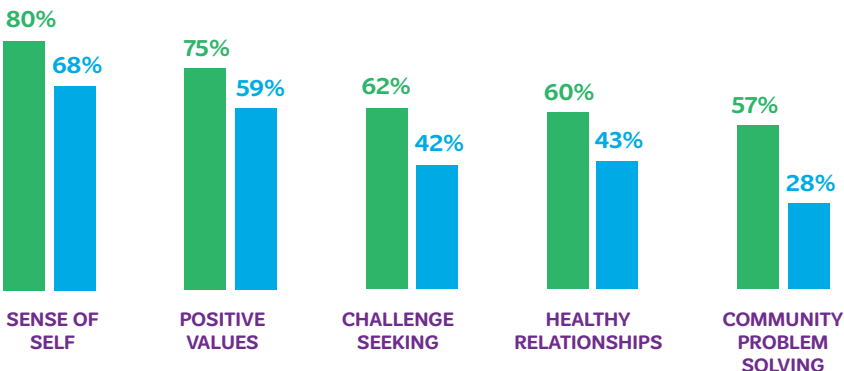


BE COMMUNITY PROBLEM-SOLVERS

They desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems in the community, and create action plans to solve them.

Girls Exhibiting Leadership Outcomes

■ GIRL SCOUTS ■ NON-GIRL SCOUTS



GROWING WITH GIRL SCOUTS

Think Creatively, Act Boldly

From the moment inspiration strikes until action is taken, Girl Scouts supports, uplifts, and emboldens girls. We create an environment where discovery and creativity abound, and where girls have the freedom to choose their own path. We prepare girls with the leadership skills to turn their ideas into action. Through Girl Scouts, girls learn to be resourceful and creative—to defy the norm and take on issues with ingenuity. When their impossible ideas become real, they create a better future for themselves and for the world.

DAISIES K & 1st

Daisies learn they can care for animals and themselves and to protect Earth's treasures.



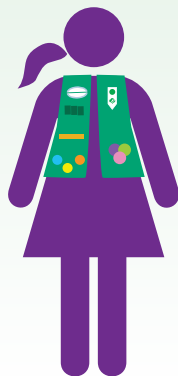
BROWNIES 2nd & 3rd

Brownies go on a quest to find the three keys to leadership. They explore their place in the wild world of girls.



JUNIORS 4th & 5th

Juniors learn that leaders need power—their own, their team's, and their community's.





CADETTES 6th, 7th, & 8th

Cadettes develop relationship skills needed to be leaders in their life and their world.



SENIORS 9th & 10th

Seniors have a vision and lead the world closer to it. Girls use their sisterhood to better themselves and the world.



AMBASSADORS 11th & 12th

Ambassadors raise their voices to advocate for issues they care about. They actively move their dreams forward and learn that leaders aim for justice.



THE TROOP EXPERIENCE

When your girl joins a Girl Scout troop, she'll have fun, make friends, become a leader, and discover all the amazing things she can do!

How do I find a Troop? Visit gseok.org/join and follow the registration process OR call customer care at 800-707-9914 for assistance.

How much does membership cost?

Annual girl membership is \$25 for both girls and adults. Most Girl Scout troops also collect dues to defray the cost of their activities. Girls also fund their activities with proceeds earned from their participation in our annual Fall Product and Cookie Programs.

Where does the troop meet?

You help to decide! Most of the time, troops meet in schools or community centers like libraries or churches that offer free meeting space.

What activities will my girl participate in?

Girls, volunteers, and families together as a troop make decisions such as badges to earn, events to attend, and goals to set for the product programs.





ARE YOU READY TO BE A GIRL SCOUT ?!

Girl Scout Responsibilities:

- ◆ To follow the Girl Scout Promise & Law.
- ◆ To be willing to take risks and be supportive towards her troop peers.
- ◆ To attend and participate in meetings and events.
- ◆ To listen to others and show respect for what they are saying.
- ◆ To be prepared and conduct herself in a safe manner.
- ◆ To respect troop leaders and other volunteers.

Follow the steps below to complete your Girl membership registration:

1. Go to gseok.org/join.
2. Click **"JOIN NOW"**
3. Enter information and then click **"Continue."**
4. Pick a specific troop number, select individually registered member, **OR** enter your information to find an opportunity near you:
 - a. If you know your troop number: Enter the 5-digit number into the box (Example: Troop00123), and click **"Next."**
 - b. If you do not know your troop number: Enter Zip code and grade then click **"Search."** Select the troop and click **"Next."**
 - c. If you are wanting to start a new troop: Select **"Unsure"** and enter notes about interest in the dialogue box.
5. On the next screen, select the membership option from the drop-down menu. Continue by completing payment and information options, and click **"done."**



Need Help? Contact Customer Care:

Email: customercare@gseok.org ◆ **Phone:** 800-707-9914

PARENTS & CAREGIVERS

Want to play a meaningful role in her Girl Scout experience but not sure where to start? Consider this the ultimate cheat sheet for all-star Girl Scout parents/caregivers—no matter how busy you may be!

EASY ways to support Her Girl Scout Adventure:

- ◆ Attend the troop parent meeting.
- ◆ Make sure you're signed up for our monthly e-newsletter with important information on events and programming!
- ◆ Take her experience one step further by talking with your girl about what she learned at each troop meeting.
- ◆ Become a member yourself! By becoming a member, you can volunteer with your girl's troop.

Follow the steps below to complete your Volunteer membership registration:

1. Go to gseok.org/volunteer
2. Click **"Volunteer Now."**
3. Enter information and select "I want to join as a Volunteer" then click **"Continue"**
4. Pick a specific troop number **OR** enter your information to find an opportunity near you:
 - a. If you know your troop number: Enter the 5-digit number into the box (Example: Troop00123), and click **"Next."**
 - b. If you do not know your troop number: Enter Zip code and grade then click **"Search."** Select the troop and click **"Next."**
 - c. If you are wanting to start a new troop: Select **"Unsure"** and enter notes about interest in the dialogue box.
5. On the next screen, select the membership option from the drop-down menu. Continue by completing payment and information options, and click **"done."**



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MORE WAYS TO BE A PART OF HER TROOP EXPERIENCE!

If You Have 15 Minutes a Week, offer to...

Organize and manage the calendar for troop snacks or carpools. There's no need to provide goodies or buckle up the girls every week yourself! Simply helping other parents sign up and commit to future meeting dates will make meetings go smoothly for everyone.



If You Have 30 Minutes a Week, offer to...

Manage troop communications for the troop leader. This can mean anything from sending texts to parents to confirm meeting dates or to update them with changes to the schedule, maintaining the troop's social presence, or organizing an old-fashioned phone tree in case of an emergency.



If You Have 45 Minutes a Week, offer to...

Take photos or videos at meetings and Girl Scout events. Leaders are often too busy to document every exciting moment, so your help will likely be well-received. Just be sure all girls have signed photo releases and they're on file with your council before snapping and sharing images.



If You Have 1–2 Hours a Week, offer to...

Lead part of a troop meeting or guide girls through earning a specific badge. You can introduce them to a topic that you have special expertise in or explore a new activity and learn alongside the troop!



If You Have 2–3 Hours a Week, offer to...

Take on the role of cookie volunteer for your girl's troop. You'll be playing a key part in the Girl Scout Cookie Program, which raises funds for troop activities and teaches girls financial skills, how to be confident when speaking publicly, and how to make decisions and collaborate as a group.



WHAT ARE MY NEXT STEPS?

You will be receiving a **monthly email** full of upcoming events and important information for your Girl Scout. If you do not receive it, please contact

Customer Care: **Email:** customercare@gseok.org ♦ **Phone:** 800-707-9914.

Stop by the Girl Scout Store to pick up the essentials for her Girl Scout experience, like uniform and book components. Our Girl Scout Store staff will help you build your own My Girl Scout Kit. **Every in-store purchase supports our local council and the girls and adults we serve.**

The Girl Scout Store

4810 South 129th East Avenue
Tulsa, OK 74134

Phone: 918-745-5252

Email: store@gseok.org

Store Hours*

Tuesday—Friday: 9:30 a.m. — 5:30 p.m.

Saturday: 10:00 a.m. — 2:00 p.m.

Sunday—Monday: closed

*Summer and holiday hours vary



BUILD YOUR OWN MY GIRL SCOUT KIT

*It's as easy as one, two, **FREE!***

1. Start with the **CORE** uniform items for your Girl Scout's level (required)



- ◆ Official Tunic, Vest or Sash for her level
- ◆ Wavy American Flag Patch
- ◆ Troop Numerals
- ◆ Council Identification Set
- ◆ Girl Scout Insignia Tab
- ◆ World Trefoil Pin
- ◆ Girl Scout Membership Pin

2. Add more core items + **FUN** council merchandise



FREE: Get a **FREE** bag when you spend \$50 or more on your kit!



Need Help? Contact the Girl Scout Store:

Email: store@gseok.org ◆ **Phone:** 918-745-5252

WHAT ABOUT COOKIES?

Every Girl Scout has the opportunity to participate in the Fall Product and Cookie Programs. These hands-on leadership and entrepreneurial programs help girls develop important skills as well as earn funds for their troop.

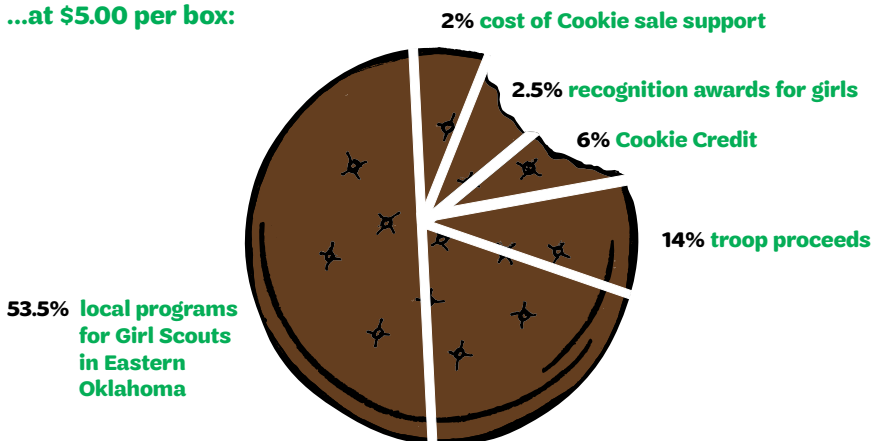
The Girl Scout Product Programs are the largest girl-led businesses in the country. These programs empower girls to decide how to spend part of the proceeds – including ways to make the world a better place and lead change in their communities.

Everything girls do in Girl Scouting is designed to help them become leaders in their daily lives and prepare for their bright futures! The product programs focus on **5 key skills**:

- ◆ **Goal Setting** as she sets a sales goal and makes a plan to reach it.
- ◆ **Decision Making** as she decides how her troop will spend the proceeds.
- ◆ **Money Management** as she handles money from customers.
- ◆ **People Skills** as she learns to communicate with a variety of people.
- ◆ **Business Ethics** as she learns to be honest and responsible in her decisions.

How the COOKIE crumbles

...at \$5.00 per box:





CONNECT WITH US!

Customer Care

- ◆ **Email:** customercare@gseok.org
- ◆ **Toll Free:** 800-707-9914
- ◆ **Toll Free Fax:** 866-749-2556
- ◆ **Website:** gseok.org

Hardesty Leadership Center

Girl Scouts of Eastern Oklahoma Headquarters
4810 South 129th East Avenue
Tulsa, OK 74134

Operation Hours: Monday through Friday 8:30 a.m. – 5:00 p.m.
Closed Saturday and Sunday

Be a part of the conversation: Follow us on social media!



newsGSEOK



GirlScoutsEastOK



girlscoutseasternok

FAQs:

What do girls do in Girl Scouts? Girls have countless opportunities to participate in challenging and fun activities like earning badges and Journeys, going on trips, exploring science, getting outdoors, selling cookies, and doing community service projects.

When, where, and how often do troops meet? Troops choose their meeting times and locations. On average, troops meet for 1.5 hours, bi-weekly.

Who can volunteer? Is it only moms or women? That's a common misconception. Adults who complete the registration process, background check, and attend the appropriate training can volunteer. We welcome dads and grandads to become involved! Every troop must have at least two unrelated approved adults present at all events. One of these must be a female.

What support is provided if I volunteer? We provide all of the training and resources to support you as a volunteer as you begin and throughout your Girl Scout experience. Staff and other volunteers are always available to help you.

Who do I call for information or help? We encourage you to ask your troop leader first. For additional support, please reach out to Customer Care at customercare@gseok.org or 800-707-9914.

What are my financial responsibilities beyond membership dues? If your daughter is in a troop, it is common to have troop/group dues that help cover the cost of supplies and other activities. These can be from \$0.25 to \$2.00 per meeting and are set by the troop. Troop/group financial records are available for parents to review upon request.

How can I support Girl Scouts of Eastern Oklahoma? There are several ways to contribute to GSEOK. You can:

- ◆ Make a donation when you register for membership.
- ◆ Aid in corporate support such as a matching gift or a volunteer service grant.
- ◆ Consider Girl Scouts for in-kind donations. For information on needs and ways to support, please contact **Customer Care:**
Email: customercare@gseok.org ◆ **Phone:** 800-707-9914.

ABOUT MY TROOP:

Troop # Grade Level

Service Unit:

Meeting Day and Time:

Meeting Location:

Procedure in troop if parent/guardian is late picking up daughter in emergency situations:

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Prior notice by parent or guardian is required if another person is to pick up your child.

Troop Dues: Amount \$..... per

Leaders/Volunteer Contact Information:

..... Phone

..... Phone

..... Phone

Notes:

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The Girl Scout Promise

On my honor, I will try:
To serve God and my country
To help people at all times
And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be:
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.



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