

EARLY BIRD MEMBERSHIP Coming this spring! Renewal: April 1 - June 30

Early Bird gives you the opportunity to renew your Girl Scout membership for the upcoming year and get a chance to win awesome Girl Scout experiences! Plus, you can use Cookie Program Credit for membership during this time!

GRADUATING SENIORS

GSEOK is excited to offer high school seniors these opportunities and resources to help in the next steps of your Girl Scout journey after graduation!

- Expand your Girl Scout experience and check out the "Young Alum" Lifetime Membership.
- Wanting to help support the next generation of change-makers? We have all the details on how to become a volunteer.
- Prep for college plus receive a fun patch for providing us with your feedback.

All of this information and more can be found at gseok.org/gsu.



All activities require advance registration and payment by the registration deadline.

- All deposits are non refundable and non transferable.
- In the event activity fees do not require a deposit, full payment is required for registration.
- Cancellations must be received before the registration deadline.
- There are no refunds after the registration deadline.

The individual making the registration will be responsible for any balance due for:

- Cancellations received after the registration deadline.
- Any balance due for girls who are "no shows".

Additional Resident and/or Day Camp Information

No refund will be given for campers:

- Arriving with active bed bugs, lice, eggs, or nits.
- Arriving late or leaving early.
- Who are sent home for communicable diseases.
- Who are sent home for exhibiting improper behavior.

2022 Cancellations Due to COVID-19 Family Circumstances

On occasion, a third-party event will not allow refunds at any time after a registration has been made, this will be noted in the event description.

In the event that GSEOK has to cancel a program, a full refund including the deposit will be provided. This policy includes all methods of payment including those made with Cookie Program Credit.

While we are unable to provide a no-risk cancellation refund policy, we assure you that if your daughter is ill or is in contact with someone who is ill causing her to be ineligible to attend resident and/or day camp that we will first try to reschedule. If that is not possible, you have the following choices:

- Donate all or a portion of payments to camp.
- As a nonprofit that relies on income from program payments, it is important to understand that the financial implications of cancelling from a camp session are serious. Prior to camp, many preparations are made that incur expenses for the council. Your donation will mean a great deal towards helping us recoup some of those costs and your donation is tax-deductible.
- We know that each of us has been impacted in a variety of ways by this crisis. At your request, we will cancel the registration and refund all payments except for the deposit.

GIRL SCOUT COOKIE PROGRAM

When you sell Girl Scout Cookies, you're doing more than just helping your customers stock up on delicious treats. You're doing it with a goal in mind – a goal to power new, unique and amazing experiences for you and your troop all year long! Whether that goal is a pizza party, a community service project, or your first overnight camping trip with your troop, you know how many boxes you need to sell to make it happen.

Did you know you are also part of something bigger – something thousands of awesome girls around the country just like you are part of too? That's right! When you participate in the Girl Scout Cookie Program, you're part of the largest girl-led entrepreneurial program for girls in the world and that's a huge deal!

Your troop will provide you with the **Family Guide**. This tool gives you the basics about the program. If you are looking for more information, you can find tools to help you with your cookie sale on the **GSESOK website** and the **GSUSA** website.

DIGITAL COOKIE

Be sure to get started with **Digital Cookie**! This online selling platform allows you to reach more customers in the digital world. You will receive an email inviting you to log on. You can then set up your site and invite customers to make a purchase. The new updates in Digital Cookie will allow you to track your inventory, payments and progress towards your goal as well as see the rewards you have earned. You can get tip sheets and training videos on the **GSEOK website**.



Set Up Your Site

2

3 Invite Customers

4 Track Your Goal

1 Register

2

digital cookie registration EMAIL January 14 January 22 through March 20 COOKIE SALE

BOOTH SALES BEGIN February 11



EVEN'IS

600 Club Event June 2, 2022

Girls who sell 600+ packages will be invited to a special evening event at the Admiral Twin Drive-In at Tulsa, where they will be the first to preview the theme and vote on recognitions for the next cookie sale.

Climb Julsa Event June 2, 2022

Girls who choose this option at 1250+ packages will be invited to a special afternoon event at Climb Tulsa.

iFly STEM Event May 15, 2022

Girls who sell 1500+ packages will be invited to this event in Oklahoma City.

Great Wolf Lodge Jrip April 23-24, 2022

Girls who sell 1700+ packages will be invited to a special event at Great Wolf Lodge in Grapevine, Texas for a girl and one female guardian.

USING YOUR COOKIE PROGRAM CREDIT TO PAY ACTIVITY FEES IS EASY here 5 how! Cookie Program Credit

Cookie Program Credit works similar to your typical gift card. It is an individual reward acknowledging a girl's hard work and entreprenurial success. Girls can use their Cookie Program Credit for Girl Scout programs and merchandise!

Check Cookie Program Credit balance at any time by visiting: <u>https://mps.bz/</u> and entering card number, BID number, and CVV code from your email.

For FAQs on Cookie Program Credit, visit gseok.org/cookiecredit

in short easy steps!

During the payment portion of registering for an activity, select the Cookie Program Credit icon to use the girl's Cookie Program Credit. Once selected, a box will pop up to enter the 19-digit number.

Should the payment required exceed the amount of Cookie Program Credit, the available amount will be applied, and then you will be prompted for another form of payment. You will see on the right-hand side the Cookie Program Credit applied to the balance. Once the other form of payment has been selected and information entered, select "Make Payment." After the payment is processed you will receive a confirmation email/receipt of payment. This is the Cookie Program Credit Icon

4

GIRL SCOUTS BEYOND BARS

Do you know a girl whose mother is incarcerated? Girl Scouts of Eastern Oklahoma has a Girl Scouts Beyond Bars (GSBB) program that can assist in reconnecting the girl and her siblings to their mother. By connecting the children with their mother while she is incarcerated, the children can begin working on those anxieties and disruptive behaviors that are caused by this trauma. The girls will be connected with a Girl Scout troop close to home and visit her mother with the GSBB program. Visitation at the correction centers is currently on hold; however, it takes time to make the connection and get approval for children to visit their mother so it can be advantageous to join GSBB now. For more information, or to recommend a girl you know, please contact us at customercare@gseok.org

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DATE TITLE

FEBRUARY

| 12 | Safety Basics - Tulsa |
|---------------|---|
| 12 | Safety Basics - Ada |
| 15 | Safety Basics - Stillwater |
| 15 | Adult Astronomy Telescope Training - Tulsa |
| MARC | CH |
| 3 | Terra Trooper Training (Adult) - Tulsa |
| <u>3</u> 5 | Adult Archery - Camp Tallchief |
| 7 | Terra Trooper Training (Adult) - McAlester |
| 12 | Safety Basics - Tulsa |
| 19 | Troop Camper Training Prep - McAlester |
| 22 | Troop Camper Training Prep - Tulsa |
| 22 | Terra Trooper Training (Adult) - Bartlesville |
| 23 | Troop Camper Training Prep - Tulsa |
| 24 | Troop Camper Training Prep - Stillwater |
| 31 | Terra Trooper Training (Adult) - Stillwater |
| APRI | |
| 2-3 | Troop Camper Training 1 - Camp Swannie |
| 7 | Terra Trooper Training (Adult) - Muskogee |
| 9 | Safety Basics - Tulsa |
| 9 | Outdoor STEM Adult Workshop - McAlester |
| 14 | Terra Trooper Training (Adult) - Ada |
| 24 | Outdoor STEM Adult Workshop - Tulsa |
| MAY | |
| 1 | Outdoor STEM Adult Workshop - Camp WSS |
| 4 | Code Wars-Coding & Robotics Training - Tulsa |
| 13-15 | Troop Camper Training 2 - Camp WSS |
| 14 | Safety Basics - Tulsa |
| 14 | Adult Archery - Camp Tallchief |
| 14 | Safety Basics - McAlester |
| JUNE | |
| 25 | Safety Basics - McAlester |
| AUGU | · · · · · · · · · · · · · · · · · · · |



13-14 Canoe Aide 1-Troop Paddle Aide Overnight - Camp WSS

ADULIS

Have you ever wished you could tagalong in some of the adventures

ADVENTURE LIKE A

Girl Scout

our Girl Scouts get to do? In 2022, we are offering a few outdoor experiences just for YOU!

THESE OPPORTUNITIES ARE OPEN TO ADULTS ONLY AND ARE IN NO WAY, SHAPE, OR FORM A TRAINING OR GRANT YOU PERMISSION TO DO CERTAIN ACTIVITIES WITH YOUR TROOP.

Join us! Let your focus be on FUN and adventure like a Girl Scout!

ADULTS TO ALABASTER April 9-10

Let's go wild caving at Alabaster Caverns State Park! Be prepared to walk, climb, crawl, and belly slither your way through broken rock, gooey mud, and water while underground with only your headlamp as your source of light. Don't expect to use the clothes worn in the cave ever again; but expect to find out something about yourself!

ADULTS RAPPELLING FOR FUN

February 12

Challenge yourself with a rappelling session sponsored by GSEOK's Outdoor Adventure group. No prior experience necessary. Every Girl Scout goes above and beyond to make a difference in her community and the greater world. The skills and experiences she gains along the way set her up for special recognition through the Gold, Silver, and Bronze Awards.

GO GOLD

The Girl Scout Gold Award requires council approval before beginning work on the project. Use Go Gold Online to apply for the <u>Gold Award</u>. Girls who complete their project and submit their final report by February 28 may be eligible to receive their award at a celebration in late April of the same year.



u can do it

Gold Award Girl Scouts are the dreamers and the doers who take "make the world a better place" to the next level. The Girl Scout Gold Award is the mark of the truly remarkable-proof that not only can she make a difference, but that she already has. Seniors and Ambassadors who earn the Gold Award tackle issues that are dear to them and drive lasting change in their communities and beyond. Think of the Gold Award as a key that can open doors to scholarships, preferred admission tracks for college, and amazing career opportunities. Download the **Gold** Award guidelines to find out how.



When Girl Scout Cadettes focus on an issue they care about, learn the facts, and take action to make a difference, they gain the confidence and skills that will catapult them to lifelong success. It all adds up to the Girl Scout Silver Award the highest honor a Cadette can achieve. Download the <u>Silver Award</u> <u>guidelines</u> to find out how.



When Girl Scout Juniors team up to make a difference in their community, they learn important leadership skills, discover new passions, and watch how seemingly small actions make a big difference. It all adds up to the Girl Scout Bronze Award—the highest honor a Junior can achieve. Download the **Bronze Award guidelines** to find out how.



On March 12, 2022, Girl Scouts will celebrate 110 years of building girls of courage, confidence, and character. Let's spend the week highlighting and celebrating the Girl Scout Leadership Experience we all know and love! Follow along as we focus on different parts of the Girl Scout Law each day. Participate in fun daily themes and get ideas on how to show off your Girl Scout Pride!

So, are you with us? Ready to go green and shout your Girl Scout love from the rooftops? Follow along on Facebook and send us your pictures and videos! Make sure you use our hashtag #gseokspiritweek

Celebrate Days Of Faith

- 1. Law: Honest and Fair
- 2. Complete an activity from the My Promise My Faith pin
- 3. Wear your uniform to your place of worship on Girl Scout (Sunday, March 6), Girl Scout Jummah (Friday March 11), or Girl Scout Sabbath/Shabbat (Friday March 11 Saturday March 12).

Monday March 7: Sisterhood

- 1. Law: Friendly & Helpful
- 2. Look up <u>National Gold Award Girl Scout</u> projects which one is your favorite? Start thinking about earning your own higher award. What areas in your community can you make a difference?
- 3. Thank a Troop Leader Make them a card, sing them a song, get creative!

Tuesday March 8: Trefoil Tuesday

- 1. Law: Considerate & Caring
- 2. Participate in an Act of Kindness our goal is to get 110 Acts of Kindness across Eastern Oklahoma.
- 3. Look at our community service patches can you complete one of the steps today? If not make a plan to complete this <u>patch</u>.

Wednesday March 9: Courageous Women

- 1. Law: Courageous & Strong, Responsible for What I say & Do
- 2. Learn about Courageous Women in History any of them have a Girl Scout connection?
- 3. Complete an activity from the Girl Scout Suffragette Centennial Patch

Thursday March 10: Throwback Thursday

- 1. Respect Myself and Others, Respect Authority
- 2. Learn about the <u>History of Girl Scouts</u>
- 3. Learn a song, game, or skit that would have been popular in the early years of Girl Scouting, then share and teach to another troop

Friday March 11: Girl Scout Greenout Day

- 1. Law: Use Resources Wisely, Make the World a Better Place
- 2. Complete an activity from the Get Outside! Winter Patch
- 3. Keep track of all the waste you have today (think trash, recycling, etc.). Evaluate at the end of the day? Are there places you can cut-back, changes you can make to reduce your waste? Research ways you can upcycle things you already have in your home.

Saturday March 12: Happy Birthday Girl Scouts

- 1. Law: Sister to Every Girl Scout
- 2. Throw a Girl Scout Birthday party with your troop, family, or friends
- 3. Bake cookies, or cupcakes and deliver them to local first responders
- 4. Give back to your troops meeting location with a clean-up or beautification project

Chance to win: Email us a picture (news@gseok.org) of you completing one of our daily activities (one entry per activity completed) for a chance to win a Girl Scout themed prize!

GIRL SCOULS OF

Every girl deserves a chance to see the world – whether that means on the other side of town or the other side of the world. Many troops provide opportunities for their members to travel outside of our council area.

Troop trips are a great way for girls to learn about planning, budgeting, being flexible, working together as a team, being respectful of each other, and so many other life skills. In addition to their troop travel, Girl Scouts of Eastern Oklahoma offers girls other opportunities to see new places, meet new people, and learn about different ideas and cultures. These council-sponsored trips are for girls from all over our 30 counties.

Council-sponsored travel is Girl-Led and Girl Focused! That means Girls get to be at the forefront for their trip. Girl Scout Travel is not a vacation but a project in which girls participate: researching, planning, money-earning, teaching and working together to create an adventure of their own.

MARCH18-19,20228

Choose Your Own Adventure Spring Break (grades 7-12). Spend your Spring Break on an epic Adventure of your choosing. Show up on day 1 and find out where the group voted to go. Girls will get to practice on-the-go travel planning as we choose our adventure as we travel. Fill out the trip application <u>here</u> by February 27, 2022.

Adventure to the Capital and the City Application Due (age 13+ by June 1, 2024). Visit Washington D.C. our Nation's Capital and finish the trip experiencing the excitement of New York City during our summer 2024 national trip.

SEPTEMBER 8-5, 2022

Sixth Grade Trip to Kansas City (6th grade for 2022-2023 school year). Brand new trip! For the first time we are offering an exclusive trip for just 6th grade Girl Scouts to Kansas City. Get to be one of the first Girl Scouts to go on this awesome adventure!



Fall Break Trip to Denver (7th – 9th grades for 2022-2023 school year). Join us for an exciting trip to Denver, CO. You won't want to miss out on this FUN-FILLED trip!



Girl Scouts of Eastern Oklahoma is going to Washington D.C. and New York City in June 2024. Spend 9-11 days exploring two historic cities with incredible global influence. Visit Washington D.C. our Nation's Capital and finish the trip experiencing the excitement of New York City. The fun-part is girls get to decide everything we get to do and see on this trip.

During Girl-only meetings they get to research places to stay, things to see, transportation options, and make sure the trip is staying on budget. The Washington D.C. and New York travel troop will meet every-other month until August 2023 and then will meet every month until the trip. Meeting dates are given well in advance once trip selections are made and we ask that girls attend 80% of all meetings. We will have specific required meetings that you must attend.

Girl Scouts must be 13 years old by June 1, 2024 to attend this opportunity.

Girls wishing to attend must attend an information meeting before applying. Information meeting dates:

- January 22, 2023 at 10:00 am Hardersty Leadership Center (Tulsa Office)
- March 5, 2023 at 1:00 pm McAlester Girl Scout Office
- April 18, 2023 at 6:30 pm Hardesty Leadership Center (Tulsa Office)

Girl must apply and be selected for the trip. When you click the register button it will take you to the online girl travel application. This application takes about 30 minutes to complete and must be completed in one setting. Application consists of demographic information, five short answer questions, skills ranking, and an essay. Girls must also provide name and email address for two non-relative references. Please do not complete travel application until you have attended an information meeting. Application deadline is May 15. Applicants will be informed of trip selections by June 15.

Cost of the trip is \$1,800 with a \$100 non-refundable deposit. All girls selected for the trip must adhere to the following payment schedule/cancellation policy

- Program Fee for trip includes a non-refundable deposit due at time of trip selection
- Half of the trip cost (\$900) is due August 31, 2023. Payment in full is due 60 days prior to trip
- If you choose to cancel your trip, your refund will vary based upon how soon the trip is occurring. Your deposit is non refundable under any circumstances. Any portion of a Girl Scout's trip fee that has already been spent, will not be refunded. EX. If plane tickets have already been purchased, the value of those tickets will be deducted from your refund
 - 121+ days prior to trip. 75% refund of trip fee, less deposit and any portion of paid trip fees that has already been spent.
 - 60-120 days prior to trip. 50% refund of trip fees paid, less deposit and any portion of paid trip fees that has already been spent
 - 60 days prior to trip. No refunds will be given
- If Girl Scout cancels the trip, any funds earned through travel troop or money-earning opportunities stay with the travel troop

After paying the initial deposit girls can use Cookie Credit to pay the remainder of the fee. The travel group also plans and participates in extra money-earning projects. Girls may also apply for a travel scholarship through council.

> <u>To apply for the trip click here</u> Find FAQ's about council-sponsored travel <u>here.</u>

EVERY GIRLAT CAMP MALESCALE Sector A Composition of the sector of the s

Girl Scouts that spend the night at Camp Wah-Shah-She will be eligible to receive a free, limited-time patch. Simply tell us about your experience and share pictures to get your patch!

GIRL SCOUT TREE PROMISE

Girl Scouts is joining forces with the Elliott Wildlife Values Project, American Forests, and SciStarter to launch a bold environmental and conservation initiative. Girl Scouts is setting out to plant 5 million trees in five years and to protect and honor new and existing trees. Not only is this great for wildlife, it will mitigate climate change and benefit our communities.

Girl Scouts everywhere are being called to help by planting, protecting, and honoring trees in their backyards, camps, communities, and states—across the country and even across the world. From Daisy

= Girl Power =

through Ambassador Girl Scouts to adult members and partners, every member and friend of the Movement is being asked to join. Five million trees is A LOT of trees, but TOGETHER we can do it! girlscouts.org/treepromise

GIRL PROGRAMS

| | RDL | D | B | J | C | 3 |
|---|---------------|----------------------------------|----------------------------------|----------------------------------|--------------------|------------------------------|
| | | | | | | |
| t | 12/20 | | | | | |
| Out Winter Camping | 12/20 | | | | | |
| on Deadline for Outdoor Adventure Trip to Utah | | | | | | |
| Jorkshop | 1/9 | | | | | |
| oop Trip to Kansas | 12/15 | | | | | |
| e to the Capital & the City Interest Meeting (Tulsa) | 1/20 | | | | | |
| ackpacking First Aid | 1/16 | | | | | |
| | | | | | | |
| urity Badge Workshop | 1/26 | | | | | |
| pelling for Fun Just for Adults | 1/30 | | | | | |
| /orkshop | 2/13 | | | | | |
| orate! World Thinking Day | | | | | | |
| | | | | | | |
| urity Badge Workshop | 2/22 | | | | | |
| e to the Capital & the City Interest Meeting | 3/3 | | | | | |
| Spirit Week | | | | | | |
| rate! Girl Scout Birthday | | | | | | |
| our Own Adventure Trip: Spring Break Edition <mark>7th and above</mark> | 2/27 | | | | | |
| ature: Shapes in Nature | 3/6 | | | | | |
| ature: Shapes in Nature | 3/13 | | | | | |
| ature: Numbers in Nature | 3/13 | | | | | |
| Aide Training | 2/24 | | | | | |
| an Up Day - Camp Tallchief | 3/11 | | | | | |
| Lab Overnight | 2/27 | | | | | |
| rseback Workshop | 3/18 | | | | | |
| Vorkshop | 3/25 | | | | | |
| rse | back Workshop | back Workshop 3/18 kshop 3/25 | back Workshop 3/18 kshop 3/25 | back Workshop 3/18 kshop 3/25 | back Workshop 3/18 | back Workshop 3/18 3/25 3/25 |

GIRL PROGRAMS

| Date | Title | RDL | D | B | J | С | S | A |
|--------|--|------|---|---|---|---|----------|---|
| April | | | | | | | | |
| 2 | The BEST Version of YourSelf! | 3/13 | | | | | | |
| 2-3 | Back in the Saddle | 3/25 | | | | | | |
| 2 | Outdoorsy Girl | 3/5 | | | | | | |
| 2 | Robotics Badge-a-thon | 3/18 | | | | | | |
| 8-10 | Junior Journey Weekend - Agent of Change | 3/20 | | | | | | |
| 8-10 | Cadette Journey Weekend - Breathe | 3/20 | | | | | | |
| 8-10 | Senior Journey Weekend - GIRLtopia | 3/20 | | | | | | |
| 9 | Animal Habitat Badge Workshop | 3/20 | | | | | | |
| 9-10 | Adventures to Alabaster Caverns Just for Adults | 3/25 | | | | | | |
| 9-10 | Pony Pals | 4/1 | | | | | | |
| 16 | Go Gold Workshop | 4/11 | | | | | | |
| 18 | Adventure to the Capital & the City Interest Meeting (Tulsa) | 4/15 | | | | | | |
| 4/22/2 | 2 Celebrate! Girl Scout Volunteer Day | | 1 | | | | | |
| 22-24 | Junior Journey Weekend - Agent of Change | 3/27 | | | | | | |
| 23-24 | Trail Rides | 4/15 | | | | | | |
| 23 | Blue Trail Hike | 4/10 | | | | | | |
| 24 | Blue Trail Hike | 4/10 | | | | | | |
| May | | | | | | | | |
| 7 | SWAPS, Songs, and S'Mores | 4/24 | | | | | | |
| 7 | Tri Adventure | 4/24 | | | | | | |
| 8 | Math in Nature: Design with Nature | 5/1 | | | | | | |
| 8 | Math in Nature: Numbers in Nature | 5/1 | | | | | | |
| 13-14 | Drillers Overnight | 4/15 | | | | | | |
| 14-15 | Pony Pals | 5/6 | | | | | | |
| 15 | Application Deadline for Adventure to the Capital and the City | | | | | | | |
| 22 | Math in Nature: Design with Nature | 5/15 | | | | | | |
| 21-22 | Canoe Level 1: Intro to Canoeing | 5/1 | | | | | | |

| Date | Title | RDL | D | B | J | С | S | A |
|---------|---|------|---|---|---|---|----------|---|
| June | | | I | | | | | |
| 2 | Paddle Fun Pre'Req Canoe 1 | 5/22 | | | | | | |
| 4-5 | Canoe Level 1 | 5/22 | | | | | | |
| 6-10 | Hill-n-Dale Day Camp (Broken Arrow) | 5/8 | | | | | | |
| 6-10 | Watastota Day Camp (Tulsa) | 5/8 | | | | | | |
| 6-10 | Willow Haven Day Camp (Oologah) | 5/8 | | | | | | |
| 12-17 | Resident Camp Week 1 | 5/30 | | | | | | |
| 13-17 | Sylvia Stapley Day Camp (Stillwater) | 5/8 | | | | | | |
| 18 | Learn to Fly Fish w/ Trout Unlimited | 6/5 | | | | | | |
| 19-24 | Resident Camp Week 2 | 6/6 | | | | | | |
| 20-24 | Aphchi Day Camp (Ada) | 5/8 | | | | | | |
| 25 | Paddle Fun Pre'Req Canoe 1 | 6/12 | | | | | | |
| 26-7/1 | Resident Camp Week 3 | 6/13 | | | | | | |
| July | | | | | | | | |
| 9 | 40th Anniversary of Camp Tallchief! | 6/24 | | | | | | |
| 9-10 | Canoe Level 2 Intro to River Canoeing <i>Pre'Req Canoe L1</i> | 6/26 | | | | | | |
| 10-15 | Resident Camp Week 4 | 6/27 | | | | | | |
| 17-22 | Resident Camp Week 5 | 7/3 | | | | | | |
| 23-25 | Canoe/Camping Weekened <i>Pre'Req Canoe L2 & 14+</i> | 7/10 | | | | | | |
| 24-29 | Resident Camp Week 6 | 7/11 | | | | | | |
| 31-8/2 | Resident Camp Week 7 | 7/11 | | | | | | |
| August | | | | | | | | |
| 6 | Paddle Day Pre'Req Canoe 1 | 7/27 | | | | | | |
| 19 | Girl Scout Game Night | 8/15 | | | | | | |
| Septem | ber | | | | | | | |
| 3-5 | Sixth Grade Trip to Kansas City | 8/3 | | | | | | |
| 10-11 | Girl Scouts Love State Parks Weekend | | | | | | | |
| 17 | Canoe Rendezvous | 8/7 | | | | | | |
| October | | | | | | | | |
| 19-23 | Fall Break Trip to Denver7th - 9th Grade | 9/11 | | | | | | |



Operated by Girl Scout adult volunteers, day camps are five-day sessions in the great outdoors in communities throughout eastern Oklahoma. Girl Scouts experience the adventure of camp during the day, while returning to the comforts of home at night. Days of sun, fun, and friends make the summer that much more special!

A typical day will include opportunities to explore nature, learn songs, play games, get creative with projects, and gain outdoor skills while enjoying a fun themed week. In our girl-led, girlonly environment she'll feel comfortable trying new things and empowered to take the lead. Girls can attend by themselves, with a friend or two, or with their troop.

GSEOK's Day Camps are designed and facilitated by volunteers in your local community.

| CAMPS! | | | Se Ose | 3. |
|-------------------------|--------------|------------|-----------------|---------|
| Watastota Day Camp | Tulsa | June 6-10 | | Je C |
| Willow Haven Day Camp | Oologah | June 6-10 | | |
| Hill-n-Dale Day Camp | Broken Arrow | June 6-10 | | |
| Sylvia Stapley Day Camp | Stillwater | June 13-17 | WE ARE STRONGER | May |
| Aphchi Day Camp | Ada | June 20-24 | TOGELHER | 8 |
| | DA | Y CAMP RE | GISTRATION D | EADLINE |
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'TALLCHIEF SESSIONS

| | Resident Camp at Camp Tallchief | FEE | D | В | J | С | S | Α | Page |
|------|--|-------|---|---|---|---|---|---|------|
| 1 | Week 1 June 12-17 (RDL 5/30) | | | | | | | | |
| Ч 1 | Mermaids (half week 6/12-14) | \$200 | | | | | | | 23 |
| I | Royal Glamper | \$360 | | | | | | | 25 |
| I | Heart Art (half week 6/15-17) | \$200 | | | | | | | 23 |
| A | A Smidgen | \$360 | | | | | | | 25 |
| 1 | Spurs & Bits | \$425 | | | | | | | 25 |
| 1 | Wacky Wizardry | \$360 | | | | | | | 26 |
| I | Bubble Up | \$360 | | | | | | | 21 |
| A | Artists in Residence | \$360 | | | | | | | 20 |
| 5 | Saddle Up | \$425 | | | | | | | 25 |
| A | Air Time | \$360 | | | | | | | 20 |
| I | Pampered Camper | \$360 | | | | | | | 24 |
| H | Right on Target | \$360 | | | | | | | 24 |
|] | The Gap | \$360 | | | | | | | 22 |
| 0 | Counselor-In-Training 2 (3 weeks- no weekends) | \$600 | | | | | | | 27 |
| | Week 2 June 19-24 (RDL 6/6) | | | | | | | | |
|) I | He & Me (6/20-21) | \$60 | | | | | | | 20 |
| 14 5 | Small & Tall (6/22-23) | \$60 | | | | | | | 20 |
| | Wild Wanderers | \$360 | | | | | | | 26 |
| | This 'n That | \$360 | | | | | | | 26 |
| | Cool Your Jets with Pets | \$360 | | | | | | | 21 |
| H | Bubble Up | \$360 | | | | | | | 21 |
| Ι | Messy Mayhem | \$360 | | | | | | | 23 |
| | D.W.L.S | \$360 | | | | | | | 24 |
| 5 | Saddle Up | \$425 | | | | | | | 25 |
| A | Aquatic Adventures | \$360 | | | | | | | 20 |
| (| Castaway | \$360 | | | | | | | 21 |
| I | Deck Hands | \$360 | | | | | | | 22 |
| V | With a Bit of Tack | \$425 | | | | | | | 26 |
| (| Counselor-In-Training 2 (continued) | \$600 | | | | | | | 27 |

27

CAMP TALLCHIE SESSIONS

| Resident Camp at Camp Tallchief | FEE | D | В | J | С | S | A | Page | |
|--|-------|---|---|---|---|---|---|------|------------|
| Week 3 June 26 - July 1 (RDL 6/13) | | | | | | | | | X |
| Dabble Do (half week 6/26-28) | \$200 | | | | | | | 21 | |
| A Smidgen | \$360 | | | | | | | 25 | $>$ \vee |
| Royal Glamper | \$360 | | | | | | | 25 | |
| Giddy Up A (half week 6/26-28) | \$225 | | | | | | | 22 | 7 |
| Giddy Up B (half week 6/29-7/1) | \$225 | | | | | | | 22 | |
| Launch | \$360 | | | | | | | 22 | |
| Bump in the Night | \$360 | | | | | | | 21 | |
| Superheroes-Superfun (half week 6/29-7/1) | \$200 | | | | | | | 26 | |
| Spurs & Bits | \$425 | | | | | | | 25 | |
| Sizzling Sweets | \$360 | | | | | | | 25 | |
| Arrow Up | \$360 | | | | | | | 20 | V |
| Out of This World | \$360 | | | | | | | 24 | No |
| Wet & Wild | \$360 | | | | | | | 26 | V |
| Jam | \$360 | | | | | | | 22 | |
| Counselor-In-Training 2 (continued) | \$600 | | | | | | | 27 | 1 |
| Week 4 July 10-15 (RDL 6/27) | | | | | | | | | |
| Rainbow Connection | \$360 | | | | | | | 24 | |
| Wild Wanderers | \$360 | | | | | | | 26 | C |
| Messy Mayhem | \$360 | | | | | | | 23 | |
| Bubble Up | \$360 | | | | | | | 21 | |
| Bump in the Night | \$360 | | | | | | | 21 | |
| This 'n That | \$360 | | | | | | | 26 | |
| Wacky Wizardry | \$360 | | | | | | | 26 | K |
| Wet & Wild | \$360 | | | | | | | 26 | |
| Babysitter's Bootcamp 12+ | \$360 | | | | | | | 21 | |
| Megamedia | \$360 | | | | | | | 23 | |
| With a Bit of Tack | \$425 | | | | | | | 26 | |
| Blazing Trails (2 weeks) 12+ (7/10-7/22) | \$850 | | | | | | | 27 | |
| Counselor-In-Training 1 (3 weeks- no weekends) | \$600 | | | | | | | 27 | |



| Resident Camp at Camp Tallchief FEE D B J C S A Page Week 5 July 17-22 (RDL 7/3) \$200 \$200 \$200 \$21 \$23 A Smidgen \$360 \$200 \$21 \$23 A Smidgen \$360 \$21 \$23 A Smidgen \$360 \$200 \$21 \$200 \$22 \$200 \$22 \$200 \$21 \$22 Cool Your Jets with Pets \$360 \$24 \$25 \$360 \$25 \$360 \$25 \$360 \$25 \$360 \$25 \$360 \$24 \$24 \$4 \$4 \$210 \$26 \$211 \$24 \$4 \$4 \$244 \$360 \$24 \$200 \$26 \$211 \$24 \$4 \$4 \$211 \$24 \$4 \$4 \$211 \$24 \$4 \$24 \$4 \$200 \$26 \$211 \$211 \$211 \$211 \$211 \$211 \$211 \$211 \$211 \$211 | | | | | | | | | | |
|--|---------------|--|-------|---|---|---|---|---|---|-----------|
| Mermaids (half week 7/17-19) \$200 23 A Smidgen \$360 25 Go Fish! (half week 7/20-22) \$200 22 Cool Your Jets with Pets \$360 26 Sizzling Sweets \$360 26 Sizzling Sweets \$360 25 Saddle Up \$425 25 Pioneers & Pathfinders \$360 24 Aquatic Adventures \$360 21 Wet & Wild \$360 26 Blazing Trails (2 weeks) 12+ (continued) \$850 27 On The Loose \$360 23 Counselor-In-Training 1 (continued) \$600 27 Week 6 July 24-29 (RDL 7/11) 71 71 Mermaids (half week 7/27-29) \$200 21 Giddy Up A (half week 7/27-29) \$225 22 Spurs & Bits \$425 25 Nature Investigato | Y. | Resident Camp at Camp Tallchief | FEE | D | В | J | С | S | Α | Page |
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| Nature Investigator\$36023Bubble Up\$36021Pioneers & Pathfinders\$36024Showtime 12+ (extended session 7/24-8/2)\$70025O.W.L.S\$36024Out of This World\$36024Castaway\$36021Deck Hands\$36022 | | Giddy Up B (half week 7/27-29) | \$225 | | | | | | | 22 |
| Bubble Up \$360 21 Pioneers & Pathfinders \$360 24 Showtime 12+ (extended session 7/24-8/2) \$700 25 O.W.L.S \$360 24 Out of This World \$360 24 Castaway \$360 21 Deck Hands \$360 22 | N | Spurs & Bits | \$425 | | | | | | | 25 |
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| Out of This World\$36024Castaway\$36021Deck Hands\$36022 | | Showtime 12+ (extended session 7/24-8/2) | \$700 | | | | | | | 25 |
| Castaway\$36021Deck Hands\$36022 | | O.W.L.S | \$360 | | | | | | | 24 |
| Deck Hands \$360 22 | | Out of This World | \$360 | | | | | | | 24 |
| | | Castaway | \$360 | | | | | | | 21 |
| Counselor-In-Training 1 (continued)\$60027 | | | \$360 | | | | | | | 22 |
| | | Counselor-In-Training 1 (continued) | \$600 | | | | | | | 27 |

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| Resident Camp at Camp TallchiefFEEDBJCSA | Page |
|--|------|
| Week 7 July 31-August 2 (RDL 7/11) | |
| Mermaids A (half week) \$200 | 23 |
| Mermaids B (half week) \$200 | 23 |
| I Heart Art (half week) \$200 | 23 |
| Giddy Up A (half week) \$225 | 22 |
| Giddy Up B (half week) \$225 | 22 |
| Superheroes-Superfun (half week) \$200 | 26 |
| Go Fish! (half week) \$200 | 22 |
| Mischief Managed (half week) \$200 | 23 |
| Super Sleuth A (half week) \$200 | 25 |
| Super Sleuth B (half week) \$200 | 25 |
| Gotta Catch 'Em All (half week) \$200 | 22 |
| Showtime 12+ (continued) \$700 | 25 |
| Strings Attached (half week) \$200 | 26 |





ADULT/GIRL PROGRAMS

Get away and spend quality time with your favorite adult (21 and older). Girls and their adults are invited to participate in staff-led activities including swimming, boating, crafts, and more! Sing songs around the campfire and make s'mores with your favorite adult buddy! Adults must also complete a health history. Adults get to participate in all activities with their camper. Participation in these one-night programs prepares girls for extended stay camps.

Check in at 9:30 a.m. on the first day and depart the next day after breakfast around 11:00 a.m.



June 20-21, 2022

Daisy, Brownie, Junior and male adult 21 years or older. Male adults and girls sleep separately so pack accordingly.





\$60

June 22-23, 2022 Daisy, Brownie, Junior and a female adult 21 years or older.

Design, program, and showcase your own drone. Don't just buy it – create it! Dig deeper into the coding that makes it possible to pilot your drone. Zoom it around camp and complete an obstacle course as you work towards completing your Think Like an Engineer Journey. Explore the world of aviation and all things that fly.

\$360 Cadette & Senior

Splash into summer! Girls will spend their week trying out paddleboards, building new skills in canoes and going stomping through the water, all while performing different experiments to become Citizen Scientists. When not exploring all the water sources camp has to offer, girls will experience art, archery, and so much more!

\$360 Junior & Cadette

Practice archery every full day during your camp stay. Try different types of bows, learn how to care for equipment and become a skilled archer. Juniors will work toward the Practice with Purpose badge. Cadettes will earn the Archery badge.

\$360 Junior & Cadette

Show off your inner Bob Ross! Spend the week creating masterpieces that explore and capture the camping spirit through painting, sculpting, photography, and more. Draw your inspiration from fun activities like hiking, swimming, and archery. Work toward your Junior Outdoor Art Explorer badge and Cadette Outdoor Art Apprentice badge.

(2) \$360 Cadette & Senior

Have a blast while receiving the full babysitting certification course! Upon completion of the course testing, you will be fully certified and receive certificates in Babysitting, Basic First Aid, and child/infant CPR. All along the way, games and camp activities will fill up your day. Earn the Cadette level Babysitter badge and Cadette & Senior level First Aid badges.

💔 \$360 Junior

Create your own tropical paradise at camp. Make a volcano. Hang out in a hammock. Eat your breakfast in the pool or have lunch on the lake. Build a raft and race your friends across the cove. You will also have time for other camp activities, too. Comfort in water and basic swimming skills required.

BIND IN THE NIG

\$360 Brownie & Junior

Stay up late some nights to take a walk on the dark side and swim or play games under the moonlight. Make things that fly, go owl spotting, and find constellations to learn their stories. Work towards your Brownie Space Science Adventurer or Junior Space Science Investigator badges. Find out what goes bump in the night during this session.

\$360 Cadette & Senior

Ahoy there. Join a group of castaways and venture into the woods to test your survival skills. Each day will bring about new challenges and competitions. This is survival for the fittest. Work on both the Cadette level Trees badge and Trailblazing badge.

📕 \$360 Cadette & Senior

Do you like watching The Chew? Here's a chance to make your own cooking show as you create delicious concoctions. Take a trip to The Pioneer Woman Mercantile. Each day will feature different cooking challenges in your own kitchen. Explore various cuisines as you work on steps for the Cadette level New Cuisines badge or the Senior level Locavore badge.

COOL YOUR JERS IN

\$360 Brownie & Junior

If you love pets, this session is purrfect for you! You'll visit with a local Veterinarian and learn about all the furry friends. Learning pet first aid is also in the plans as you work toward earning the Brownie level pets badge or the Junior level Animal Habitats badge or Cadette level Animal Helpers badge.

ELE DO (ILL VILL) \$200 Dai

\$200 Daisy & Brownie

Try everything out and drop a fishing line. Sample a lot of camp in a little amount of time. Boating, swimming, campfires too, nature crafts, games, and hiking for you. Singing and creating in fun messy goo, you'll get to try it all and a little dab will do. Brownies will work toward earning the Outdoor Adventurer badge.

\$360 Cadette & Senior

Get an introduction to the wide world of sailing during this session. Learn how to sail a sunfish on your own. Haul in the sheet – and you are off on an exciting adventure. Skills include knot tying, boating terminology, and rigging procedures. Come build your sailing skills, participate in a camp regatta, and enjoy other camp activities as well. Comfort in water and strong swimming skills required.

\$360 Senior & Ambassador Grab a friend and get ready to explore camp! Decide as a cabin if you want to try your hand at archery, swim in the pool, or explore the lake by canoe. Maybe you'll decide to take a sunrise kayak, hike to McQuiddy's point and eat lunch, or relax in hammocks. Camp is your oyster to experience.

\$225 Brownie

Giddy up and go! It's a wonderful world learning about ponies and horses!! Learn about horseback safety and the parts of a western saddle. Learn how to brush and groom your horse and then take a ride in the arena. Give your horse a treat and a kiss good night! This includes two arena lessons. Long pants & boots/shoes with 1/2 inch heels are required. \$225 Brownie

Ķ) \$200 Brownie & Junior

Fish at the pond and lake and possibly even a hidden pond. Tie knots, learn about habitats, lures and more. When you're not fishing enjoy all that camp has to offer! This session is sure to have you hooked!

\$200 Brownie & Junior

깆 \$200 Junior & Cadette

Work as a team and test you're trainer skills. Embark on an epic adventure at camp searching for your next best friend. Before you leave test your fishing skills at Tallchief Lake and try to catch a a water type that has been flopping and splashing campers! Spend the rest of your time enjoying all the fun activities that camp has to offer.

\$360 Cadette & Senior

Calling all musicians -we're looking to include all instruments. Once your band is together, you will possibly create an original song, learn a favorite, and get to gigging out! The group will perform at closing campfire. Let your talent have a voice! Bring your own instrument.

\$360 Brownie & Junior

Let's blow some stuff up! Create your own rocket that can soar up to 100 ft. into the air. Design, build, and test your cardboard boat. Work with professional women engineers building catapults. Shoot for the moon. It's sure to be a BLAST! Juniors will earn the Paddle Boat Design Challenge badge.

\$200 Daisy & Brownie

During this half-week program think outside the crayon box! Learn painting and drawing techniques, have an art party, and make your own jewelry and tie dye clothing. After you have cleaned off your paintbrushes, there will be plenty of time to enjoy other camp activities. Earn you Outdoor Art badge.

\$360 Cadette & Senior

Join this fast-faced venture into multimedia. Try your hand at photography and scrapbooking. Create your own short movie. Learn about video editing and film making. It will be a mega good time! Cadettes will earn the Digital Movie Maker badge.

\$200 Daisy & Brownie

Check out life under the sea! Make a splash with your friends. Get wet all over when you're swimming, boating, and learning about water safety. Create your own water slide and enjoy other water-related activities. Comfort in water required.

\$360 Brownie & Junior

Don't be afraid to get your hands dirty during your stay at camp! You'll throw paint around to make your very own messy work of art, hang out in the mud, and experiment with ooey-gooey slime recipes. Experience other camp classics like swimming and nature

Sneak past your house elves and find sweet mischief surprises and early morning capers.

you see and use it as inspiration for your art projects! Girls will go on a scavenger hunts to observe nature and then use graphs to interpret what they saw. They'll also use leaves and spiderwebs to explore patterns in nature, how to help wild animals, create a field notebook, and explore ways to make the world a better place as a citizen scientist. They will round out their week at camp with swimming, canoeing, and more! Girls will earn Math in Nature 1: Shapes in Nature Badge.

\$360 Senior & Ambassador

Enjoy all your camp favorites during this week of classic camp! Spend your week hiking the trails, roasting s'mores around the campfire with friends and canoeing on Lake Tallchief. Enjoy the view of camp from McQuiddy's Point and try your hand at archery as you enjoy all the best of what camp has to offer.

y \$360 Junior & Cadette

Ready to blast off to space? This week we take a journey through the stars exploring the known universe and our home within the solar system. As well as, exploring the universe beyond with our imaginations. We will make our own galaxies and design space ships to get beyond our own stars in style. Spend time creating and learning about the new aliens you might meet, learn and tell the tales of our own constellations, the history of space exploration, and explore all things known about space.

\$360 Juniors & Cadettes

Have you been waiting for an owl to deliver your acceptance letter? The saga may be over but your adventure is just beginning. You'll need your wits about you as you learn about Herbology, wildlife, potions, and the sky. Hopefully the sun, moon, and stars all align for this magical week of camp! When you're not in magical classes you can swim, climb and fly through the air on the water slide. Juniors and Cadettes earn your Space Science Badge.

AMPREED CAMPRE :

📙 \$360 Cadette & Senior

Fashionably fun and fabulously fancy. You'll learn the latest tips on hairstyles, what colors look best on you, and investigate fashion trends. Get your nails done and explore shades of makeup that compliment all occasions. Cook exciting cuisine and learn etiquette. Learn which fork and spoon to use and bring one dress to camp with you because you will experience a memorable catered dinner under the stars at camp. Work on steps for the Cadette level New Cuisines and Eating for Beauty badges or Senior level Women's Health and Science in Style badges.

HANDAS & PAUNNDAS

\$360 Junior & Cadette

Sleep one night in a Conestoga wagon and learn about wild native plants that can be used in cooking. Make rag dolls, and read a story by firelight. Create your own outdoor kitchen and cook over a fire. Juniors will work on steps in the Girl Scout Way and Independence badges.

ANDEN CENIERIE

\$360 Daisy & Brownie

Red, orange, yellow, green, blue, indigo, and violet. Dive into the science behind rainbows and light, and learn about the fascinating history of the mythological unicorn, the narwhal and other ancient creatures. Conduct your own rainbow experiment, build a motorized rainbow spin art machine, explore your feelings through colors, and create rainbow slime.

\$360 Cadette & Senior & Ambassador

Do you want to hit that bull's-eye? Pull back the string and let those arrows fly! Experience using a compound bow! This specialty program will not only teach you the basics of archery, but also allow you to compete for nationally recognized skill level awards. Learn to refine your shot. Whether you're a beginner or a master archer, your skills will benefit from this exciting program. Hopefully, it's right on target! 14 \$360 Daisy & Brownie

Princesses do more than wear sparkly tiaras! Be courageous and try slingshots or archery, learn about forest creatures, and how to read the stars. You will also make your own tiara and scepter and celebrate with a tea party.

📕 \$425 Junior & Cadette

Now that you know how to groom and saddle your horse, it is time to hit the trails. You'll have at least one arena lesson, and then it's off you go! Learn about equine health, mending fences, and maintaining trails. When you're not riding the range, you'll enjoy the other camp activities, too. For the intermediate rider. Long pants and boots/shoes with 1/2 inch heels are required. Juniors will earn the Horseback Riding badge.

HERRINE (1) DAYS. 9 HIGHES)

\$700 Cadette & Senior

Make your acting debut in your very own Camp Tallchief production. Design your own set, show off your costume creations, sing, dance, and give us a great performance. All this, plus a trip off-site to see a live performance. The spotlight's on you!

Signal \$360 Junior

Become a chemist and create your own concoctions. Make chocolate suckers, foaming candy, root beer, bubble gum, or turn vegetables into flowers. Explore how to change the colors of things, create certain smells, or make objects gravitate. Juniors will work on your Simple Meals badge.

🛄 \$360 Daisy & Brownie

A smidgen of this, a smidgen of that – a little bit of everything is what you will get to do this week! Try out wild games, bask in the sun at the pool, go boating at the lake, cook over a campfire, and much more. You get to help plan a lot of what you will do, and possibly earn the Camp Tallchief patch. Explore camp with this sampler session. Work toward earning the Brownie Outdoor Adventurer badge.

\$425 Brownie & Junior

Learn to groom and saddle your horse for at least four arena lessons. The week is sure to rustle up a lot of fun! Explore skills of cowgirl life and enjoy the other camp activities too. For the beginner or intermediate rider. Long pants and boots/shoes with 1/2 inch heels are required. Juniors will earn the Horseback Riding badge.

THE STATE (THE AREA) :

\$200 Junior & Cadette

Was it Miss Marple in the library with the candlestick? Solve murder mysteries, be fingerprinted, and learn how to collect evidence and DNA. Become an agent for the CBI and find out "Who Dunnit". Juniors earn the Detective badge and Cadettes earn part of the Special Agent badge in this half-week, fast-paced session.

\$200 Junior & Cadette

It's a bird! It's a plane! It's a Girl Scout! Create an alternate persona and design your own superheo costume. Hone your powers by participating in challenges to test your abilities. Transform into a superhero and join us as we take camp back from a nefarious supervillain.

\$200 Cadette & Senior

Get your jam on as you learn to play guitar and possibly the ukulele. A happy camp is a singing camp so come on down and make some music! Bring your own instrument. This session is for beginners and more experienced musicians alike.

\$360 Brownie & Junior

This week will be yours to explore! Dabble in all kinds of camp activities. Swimming, boating, and archery are just a few of the things you will get to try in this program and possibly earn the Camp Tallchief or Camp Swannie patch. Work with your cabin-mates to plan out your favorite week of camp ever!! Do it all and explore camp with this sampler session.

\$360 Brownie & Junior

Get your wizard on to create magical potions and disappearing ink. Eat chocolate frogs, go owl spotting, slay a dragon, and play games like soccer on broom sticks. Enter a world of magical exploration, wearing capes and baking cauldron cakes.

\$360 Cadette & Senior
Slip and slide into the camp's pool, go tubing and kayaking, play water games, and try out camp's paddle boards. Take polar bear swims, moonlight dips, have a floating meal, and do lots of splishing and splashing. From rowing races to flipping a canoe, this is sure to be a boatload of fun. Comfort in water and strong swimming skills required.
State outdoors! Explore the wild parts of camp and work toward the Outdoor Journey. Create cool things while you work on parts of the Outdoor Art badge. There are animal

Create cool things while you work on parts of the Outdoor Art badge. There are animal signs to identify, paw prints to track, and trail signs to follow. Come check out where the wild things are!

\$425 Cadette & Senior

Learn about horses, riding styles, and equestrian grooming and care. Trotting with balance and control while successfully steering in an arena will be the focus of this session. A trail ride, washing and watering the horses, and cooling off at the pool could be just a few of the activities you'll engage in. Riders will be evaluated and challenged to improve their horsemanship. More experienced riders will get to try faster gaits and more advanced challenges. You will love horsing around in this program. Long pants and boots/ shoes with 1/2 inch heels are required. This is a prerequisite for Blazing Trails.

TWO WEEK SESSION (13 DAYS/ 12 NIGHTS)

BLAZING TRAILS (12 + YEARS OLD)

The focus of this program is to prepare campers to successfully steer their horses at a trot with great form and control. You will navigate trails, saddle, groom, feed, lead, and water your own horse during approximately 10 arena and trail lessons. Embark on an overnight trail ride. Want to try barrel racing and roping? Girls will have the option to sign up for rodeo-style focused riding during this session. Perform the skills you have mastered for your family at our Dreamcatcher Arena. Long pants and boots/shoes with 1/2 inch heels are required. With a Bit of Tack is a prerequisite for this session (or call for other arrangements).

\$850 Cadette, Senior, & Ambassador



COUNSELOR-IN-TRAINING (C.I.T.) PROGRAM

So, you want to be a camp counselor? Find out what counselor life is really like! The C.I.T. Program enables girls to better understand the Girl Scout practices and principles related to camping and outdoor education. The C.I.T. Leadership Project was developed to afford Girl Scout Seniors and Ambassadors the opportunity to experience the challenges and rewards of working with younger girls in an outdoor setting. Becoming a C.I.T. enables girls to gain insights into the responsibilities of program delivery and camp operations, offering experience in staff responsibilities, program goals, leadership styles, child development, group dynamics, outdoor skills, and conflict resolution. Girls will build a resource notebook with games, songs, and recipes to aide in their training.

The C.I.T. program is designed to take place over the course of two summers. C.I.T. 1 & 2 are each three-week programs designed to give Girl Scout Seniors and Ambassadors a chance to hone their leadership skills. The experience gained in C.I.T. 1 is expanded upon during the second summer through skill specialization, safety practices, and leading activities. Along the way there will be lots of camp memories, laughs, beautiful campfires, and building of life-long friendships.

An application for CIT 1 is required. The program is a total of six weeks of training (3 weeks per summer) with the intent of working at least one full summer at camp after completion, if eligible.

C.I.T. 1 Grades 9-11 OR at least 14 by June 1 \$600

C.I.T. 2 Grades 10-12 OR at least 15 by June 1 \$600

STEM PROGRAF

Planning fun and interesting activities for Girl Scout troop meetings, service unit events, or even while camping takes time. Fortunately, our program kits make Girl Scouting easier for new leaders and those who have been in Girl Scouting for many years. The kits are designed to enhance the Girl Scout Leadership Experience by providing handson activities that help girls earn badges, Journey awards, and patches. Each kit contains an easy-to-follow, step-bystep guide to help you facilitate the badge requirements and allows the girls an opportunity to work through the requirements with fun and engaging materials. Program Kits can be specific to a Girl Scout program level or can be multilevel. Each Program Kit is different. Refer to the Program Kit you are interested in for details.

GSEOK's STEM kits are available to borrow at no cost to leaders and can be delivered to any council office for pickup.

Our program volunteers are a dynamic and diverse group, and there's no one "type" of volunteer—whether you're a recent college grad, a parent, a retiree, or a Girl Scout alum, we encourage you to get involved! Anyone with a sense of curiosity and adventure can help make Girl Scouting a powerful leadership experience for girls.

COUNCIL VOLUNTEERS

Event volunteers support the Girl Scout program delivery through opportunities such as assisting with event set-up, registration, the leading of girl activities, and more. You'll work with our Program staff to identify events that fit your interests, talents, and expertise and can volunteer as little or as much as you like! The Girl Scout Leadership Experience focuses on our 4 pillars: STEM, Entrepreneurship, Outdoors, & Life Skills.

CAREER EXPLORATION EXPERT

Host a seminar or workshop for girls to teach them about a specific topic or career path based on your field of expertise.

SUBJECT MATTER EXPERT VOLUNTEERS

Do you have specific skills or passions you can share? Lend a hand by teaching girls about your area of expertise. Whether you're experienced in improv comedy, computer programming, public speaking, or using power tools, your knowledge is needed!

COUNCIL TRAINER

Trainers are an important part of the council's volunteer experience. Trainings that are listed in this guide are mainly facilitated by volunteers who have worked with the council to receive necessary training to be able to teach other adults.

VOLUNTEER COMMITTEES OUTDOOR ADVENTURE COMMITTEE

Our volunteer outdoor educators are always looking for new ways to share the great adventure of the out-of-doors with our Girl Scouts. Whether you have experience or only want to assist, new adult volunteers are always needed and welcomed. Committee members will help build & plan GSEOK's Outdoor Adventure program and also lead girls during weekend events.

ASTRONOMY COMMITTEE

Calling all astronomy enthusiasts. Girl Scouts of Eastern Oklahoma is re-launching our adult astronomy committee. We are looking for volunteers who have a passion for astronomy that would like to help with council events, oversee the older girl astronomy club, and help with training.

GIRL SCOUT GOLD AWARD ADVISORY COMMITTEE

Gold Award Committee Members help girls through the process of earning their Gold Award by providing guidance, support, and mentorship to Girl Scouts (9th -12th). The Gold Award is the highest award available to Girl Scouts and has a strong emphasis on community leadership. Committee members ensure that Gold Awards projects meet national guidelines and make recommendations on project progress and approval.

STEM ADVISORY COMMITTEE

The role of the Science, Technology, Engineering, and Mathematics (STEM) Advisory Committee is to provide advice and recommendations to the council pertaining to STEM learning, assess the council's progress in carrying out responsibilities related to the STEM Strategic Plan, and help identify need or opportunity to create new initiatives aimed at preparing all Girl Scouts to be STEM-ready! We are looking for volunteers from all areas of Eastern Oklahoma and with varying degrees of comfort with STEM subjects.

PRODUCT PROGRAMS ADVISORY COMMITTEE

This group will support the council for the fall product and cookie programs. The role will be to plan and support events and training, review materials, provide recommendations for rewards and products and provide support during cookie delivery.



SCOUT STORE Jollow our <u>Facebook Page at GSEOK Store!</u>

Be sure to follow our Facebook page to stay updated on NEW merchandise, sales, and services offered!

LOOK AT THIS!



Visit the store at 4810 S 129th East Ave Tulsa, Oklahoma 74134

> 918-745-5252 store@gseok.org



Save the stress and hassle of putting on badges and patches by sewing! The store now offers a Heat Press service for all of your badge and patch iron on needs. \$5.00 for insignia set and \$1.00 for single badge and patches!

Store Hours

SUNDAY & MONDAY CLOSED

TUESDAY-FRIDAY

Y 10:00AM - 5:30PM

SATURDAY 10:00AM - 2:00PM SUMMER AND HOLIDAY HOURS MAY VARY