



GIRL SCOUTS OF EASTERN OKLAHOMA Activity Progression Chart



MEETING TIME ACTIVITIES On Foot

- #260F, Girl Member Information Sheet ("the Green Sheet")
- #574T, Meeting-Time/Day Trip Checklist
- #579T, Emergency Procedures
- #585F, Request for Approval of Activity (if required)
- Adult/Girl Ratio (See Chart)
- First Aid Kit
- First Aider *



MEETING TIME ACTIVITIES By Car

- #260F, Girl Member Information Sheet ("the Green Sheet")
- #574T, Meeting-Time/Day Trip Checklist
- #579T, Emergency Procedures
- #585F, Request for Approval of Activity (if required)
- #589F, (if renting/borrowing vehicle)
- Adult/Girl Ratio (See Chart)
- First Aid Kit
- Adult/Girl Ratio (See Chart)
- First Aid Kit
- First Aider *
- At-Home Contact



DAY ACTIVITIES

- #208F, Parent Permission Slip
- #260F, Girl Member Information Sheet ("the Green Sheet")
- #574T, Meeting-Time/Day Trip Checklist
- #579T, Emergency Procedures
- #585F, Request for Approval of Activity (if required)
- #589F (if renting/borrowing vehicle)
- Adult/Girl Ratio (See Chart)
- First Aid Kit
- First Aider *
- At-Home Contact



OVERNIGHT TRIPS One or Two Nights

- #208F, Parent Permission Slip for Overnight
- #260F, Girl Member Information Sheet ("the Green Sheet")
- #577T OR #598T, Checklist for Overnight
- #578T, Trip Roster/Itinerary
- #579T, Emergency Procedures
- #580F, Report/Evaluation
- #585F, Request for Approval of Activity
- #587T, Guidelines for Security
- #588F OR #597F, Security Ratings (if required)
- #589F (if renting/borrowing vehicle)
- Adult/Girl Ratio (See Chart)
All adults staying overnight must be registered members with current background check
- First Aid Kit
- First Aider *
- At-Home Contact



OVERNIGHT TRIPS Three Nights or Longer

- #208F, Parent Permission Slip for Overnight
- #260F, Girl Member Information Sheet ("the Green Sheet")
- #577T OR #598T, Checklist for Overnight
- #578T, Trip Roster/Itinerary
- #579T, Emergency Procedures
- #580F, Report/Evaluation
- #585aF, Intent to Travel
- #585F, Request for Approval of Activity
- #587T, Guidelines for Security
- #588F OR #597F, Security Ratings (if required)
- #589F (if renting/borrowing vehicle)
- Health Exam Information within the preceding 24 months
- Plan 3E or 3PI Enrollment for Accident & Sickness Insurance
- Adult/Girl Ratio (See Chart)
All adults staying overnight must be registered members with current background check
- First Aid Kit
- First Aider*
- At-Home Contact

* A First Aider is REQUIRED during all activities listed on the back of this chart and on Form #585F. Wilderness First Aid or Wilderness First Responder is required if EMS response is more than 30 minutes.

Remember: If in doubt, call the Council Service Center in Tulsa.

PLEASE look on the back of this chart for more detailed Information: definition of an overnight, activities which require council approval, and prohibited activities.

ADULT/GIRL RATIO

Always a minimum of TWO unrelated Adults (one must be female)

Daisy Level	2/6	2 adults for 1 to 6 girls	+	1 adult for each additional 1-4
Brownie Level	2/12	2 adults for 1 to 12 girls	+	1 adult for each additional 1-6
Junior Level	2/16	2 adults for 1 to 16 girls	+	1 adult for each additional 1-8
Cadette Level	2/20	2 adults for 1 to 20 girls	+	1 adult for each additional 1-10
Senior/Ambassador	2/24	2 adults for 1 to 24 girls	+	1 adult for each additional 1-12

The council must approve some troop activities, because of potential risk or special requirements, before the troop may participate in the activity. If the activity is not listed in the Safety Activity Checkpoints, you should discuss the activity with the council representative before making plans.

OVERNIGHTS: Regardless of location, duration or nature. Slumber parties to tenting, if it extends overnight it must be approved by the council. Different locations do change the extent of training required for the leader, however. Slumber parties in private homes, overnights in hotels or motels or sleepovers at the council offices are considered **overnights without camping** and do not require that the leader complete Troop Camper training. Any overnight that will involve the use of outdoor skills is considered **overnight with camping** and a qualified troop camper is necessary.

USE OF A COUNCIL FACILITY: Approval is required for either day use or overnight. Refer to Form #686bT for complete guidelines.

SPECIFIC ACTIVITIES: See also Form #585F, Request for Approval of Activity Requiring Council Permission and the Safety Activity Checkpoints. A Girl Scout group may not attempt these activities without written authorization by the council.

- Aquatic Inflatables
- Archery, 3D Archery, Slingshots
- Backpacking
- Boating: Canoes, Kayaks, Row Boats, Corcls, Sailboats
- Bounce Houses
- Camping
- Challenge Course, Climbing & Rappelling/Ziplining, Recreational Tree Climbing
- Fencing
- Fishing and Ice Fishing
- Go-Karts
- Hayrides
- Horseback Riding
- Indoor Skydiving
- Knife/Tomahawk/Hatchet Throwing
- Offshore Water/Large Passenger Vessel
- Parades and Other Large Group Gatherings (ONLY if participating, not spectating)
- Scuba Diving
- Segway
- Shooting Sports
- Skateboarding
- Snorkeling
- Snow Skiing/Snowboarding/Snowshoeing
- Spelunking/Caving
- Standup Paddle Boarding
- Surfing
- Swimming
- Target Paintball
- Tethered Balloon Rides
- Travel/Trips
- Tubing/Waterskiing/Wakeboarding
- Whitewater Rafting

PROHIBITED ACTIVITIES

The following activities **are not permitted** as Girl Scout program activities:

- Bungee Jumping
- Flying in Small Private Planes, Helicopters or Blimps
- Hang Gliding
- Hot Air Ballooning (Untethered)
- Hunting
- Motor Biking
- Paintball Tagging
- Parachuting/Skydiving
- Jet Skiing, Using WaveRunners, or Parasailing
- Riding All-terrain Vehicles (ATVs)
- Stunt Skiing
- Using Outdoor Trampolines
- Zorbing