

Personal Camping Equipment Checklist

These are suggested items to be used by each camper. The type of camping and the season should determine the need for each.

GENERAL

- ☐ sleeping bag or bedroll
(extra blanket inside for warmth)
- ☐ waterproof ground cloth
- ☐ toilet articles: towel, washcloth, comb, toothbrush and paste, chapstick, Kleenex, sanitary napkins, soap, deodorant
- ☐ sweater or jacket (or both)
- ☐ extra clothes: underwear, blouses or shirts, shorts and/or long pants
- ☐ shoes - sturdy, well-broken-in oxfords or boots
- ☐ extra shoes - sturdy (tennis shoes acceptable on smooth terrain)
- ☐ extra socks
- ☐ jeans
- ☐ long-sleeved shirt
- ☐ rainwear - coat or poncho
- ☐ large cotton bandana
- ☐ hat
- ☐ mess kit or unbreakable drinking cup and plate
- ☐ fork, knife, and spoon



- ☐ dunk bag and clothespin
- ☐ flashlight (extra batteries)
- ☐ pocket knife
- ☐ canteen
- ☐ repair kit (needles, thread, safety-pins, cotton tape, buttons, shoe laces)
- ☐ sit-upon
- ☐ permission slip
- ☐ medication (with doctor's instructions)
- ☐ duffel bag
- ☐ whistle (worn around neck)

OPTIONAL

- ☐ bandana bag
- ☐ air mattress or foam pad
- ☐ bathing suit
- ☐ pajamas
- ☐ brush
- ☐ small bag for soiled clothes (med. trash bag)
- ☐ day pack or backpack
- ☐ notebook and pencil
- ☐ camera and film
- ☐ sun glasses
- ☐ sunscreen
- ☐ hand lotion
- ☐ mirror (unbreakable)
- ☐ shampoo (if you're gone that long)
- ☐ insect repellent

FOR COLD WEATHER

- ☐ warm but not heavy clothing (layer system keeps you warmest*)
- ☐ water-repellent outer garments (if possible)
- ☐ boots with two pairs of socks (boots waterproofed)
- ☐ warm mittens inside, water-repellent mittens outside
- ☐ flannel pajamas (or thermal underwear) - BE SURE to change to dry nightclothes
- ☐ sweatshirt with hood (or scarf or cap) if sleeping on cold floor of cabin
- ☐ plastic bag for wet clothes if unable to dry them
- ☐ rope and clothes pins for drying clothes inside
- ☐ warm cap or hat

(*Several layers of lightweight clothes are also suggested; for example; a shirt, sweatshirt, sweater and then a windbreaker; this enables the girls to remove outer wear as they get warmer during the day and put them back on when it begins to get cooler.)