



Family
Connection

Girl Scouts

*Your go-to,
super-fun guide
to getting the
most out of
Girl Scouts*

Get That Girl Scouts Glow Up

Girl Scouts have fun learning new skills, earning badges, and testing their abilities—but it's our community that makes us a must for your family.

In good times and bad, Girl Scouts is your:

FRIEND CIRCLE

83% of Girl Scouts have a best friend in their troop.
We stick together, stand up for one another, and are sisters for life.

DREAM CENTER

92% say Girl Scouts helps them try new things.
If a girl can dream it, Girl Scouts can take her there.

RELEASE VALVE

94% say Girl Scouts is a safe space.
The amazing support of Girl Scouts is more important than ever.

What Girl Scouts Means to Me

Use this space to draw or write about what it feels like to be a Girl Scout.

What We Value

Being “good” at everything isn’t the goal here. It’s the willingness to put yourself out there and really make an effort that will give you your fullest, funnest, and most successful life. That’s why both the Girl Scout Promise and Law—which members of all ages recite—start with the idea of trying to do your best.

Girl Scout Promise

On my honor, I will try:
To serve God* and my country,
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,

and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

Girl Scout Family Promise

On my honor, I will try:
To support my Girl Scout and her troop,
To help girls lead at all times,
And to always keep it fun!

*Members may substitute for the word God in accordance with their spiritual beliefs.




Walking the Talk

The Girl Scout Law isn't just a bunch of words we say for fun—it's how we live our lives. Sit down as a family and talk about what each of these laws means to you and how you can practice them together at home. Make sure everyone's voice is heard, then write down the ideas you come up with here.



Be Friendly and Helpful



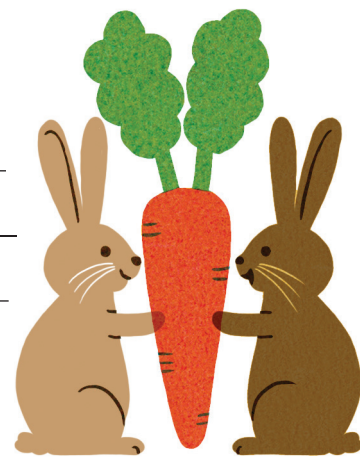
Be Considerate and Caring




Be Honest




Be Fair



Be Courageous and Strong



Be Responsible for What We Say and Do



Wear It Where?

You're earning badges, patches, and awards—but where do they belong? Here's the rundown on what goes where on your tunic, sash, or vest.

Flag patch, council name patches, and troop numbers go on the front right, in that order, starting at the top.

Badges and Journey awards always go on the front, starting at the bottom. On a vest, badges go on the right and Journey awards on the left. On a sash, badges go below Journey awards.

Fun patches from trips and experiences always go on the back.



Daisies
Grades K-1



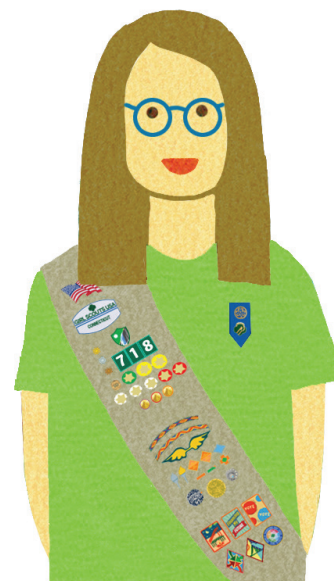
Brownies
Grades 2-3



Juniors
Grades 4-5



Cadettes
Grades 6-8



Seniors
Grades 9-10



Ambassadors
Grades 11-12

Just for Juliettes



A Juliette, or individually registered Girl Scout, has the same Girl Scout experience as other girls, just without being in a troop. If you're a Juliette family, connect with your council for support and to stay up-to-date on exciting events for the whole family.

And the Award Goes to...

From protecting our environment and supporting communities to changing laws, we know you shine brightest when you're making the world a better place. That's why we have three separate awards—the **Girl Scout Gold, Silver, and Bronze Awards**—to honor Girl Scouts who take their passions and turn them into actions in big ways.

- ▶ **Daisies and Brownies** learn the basics of what it means to be a good neighbor and how they can be helpful.
- ▶ **Juniors** can earn the Bronze Award by teaming up with other girls to make a difference in their towns.
- ▶ **Cadettes** can earn the Silver Award by researching an issue, making a plan, and taking action to improve their communities.
- ▶ **Seniors and Ambassadors** can earn the Gold Award by developing and carrying out lasting solutions to issues in their neighborhoods and beyond.



Pro Tip: Head to our website at gseok.org to check out upcoming council events, learn helpful tips, and read the latest news.

Your Year in Girl Scouts

Check out important dates, then add your own troop meetings and activities you can do as a family.



October

10/31 Juliette Gordon Low's Birthday

November

11/19 Women's Entrepreneurship Day

December

January

February

2/22 World Thinking Day

March

3/12 Girl Scouts Birthday

Girl Scout Week is celebrated each March, starting with Girl Scout Sunday and ending with Girl Scout Sabbath on a Saturday, and it always includes Girl Scouts' birthday, March 12.

April

4/1 Early Renewal Opens
4/22 Girl Scout Leader's Day

May

June

6/11 National Get Outdoors Day

July

August

8/1 On-Time Renewal Opens

September

9/10-9/11 Girl Scouts Love State Parks

As you plan your year, be sure to visit gseok.org/programs for more info on upcoming GSEOK programs and events!



My Girl Scout Memories

There’s nothing else quite like Girl Scouting, and you’ll want to remember every minute of it! When you take a cool trip, learn something new, earn a badge or award, or do one of the activities from this booklet with your family, mark it down here so you’ll never forget this incredible year.

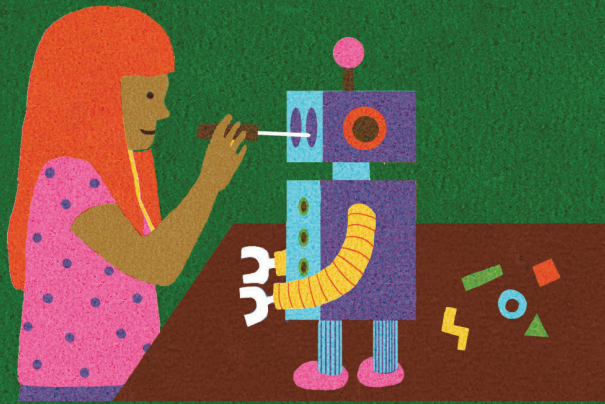
My Girl Scout Support Crew

When someone helps you on your Girl Scout adventures this year, add their name here with a note about what they did. You might want to include any guest speakers who spoke to your troop; the shop owner who let you set up a cookie booth outside her store; and, of course, your troop leaders! At the end of the year, check the list and send thank-you notes to all your amazing supporters.

I did...

I loved...

I learned...



Give a Little, Get a Lot

Just like at a potluck, where you only bring one dish but get to munch on a full feast, Girl Scouts works best with a community. When each family pitches in just a little or steps up to take on one or two tasks, everyone benefits big time.

Here are a few ways to help out that take less than an hour per week:

- ▶ Organize a troop snack calendar
- ▶ Manage a troop carpool calendar
- ▶ Put together at-home badge supply kits
- ▶ Set up and maintain a troop social media account
- ▶ Volunteer to take pictures or videos at troop meetings



Peek into Her Future

When you think of your girl a year from now, or even ten years from now, you likely picture a confident thinker and doer who does her best and makes the world a better place. Basically? You're picturing her as a Girl Scout. Not just this year, but next year and beyond. That's a good thing, because the longer she's in Girl Scouts, the brighter her future will be.

Secure her spot for the upcoming Girl Scout year and consider becoming an adult member at the same time! Head to [girlscouts.org/join](https://www.girlscouts.org/join) to learn when and how to sign up.



Year in the life of a Girl Scout

Everything Girl Scouts do helps them find their voices, test their limits, and make the world a better place. Still, with thousands of activities and badges to choose from, one troop's calendar year might look quite different from another. The sample troop year plans are a handy tool to see the types of things your child might be able to do, and they can even be used as a starting point to plan your troop's ideal year. Get started at www.girlscouts.org/troop-year-planner.



Come See Us

There's a whole world of Girl Scouting to explore at your local council store. The staff is your support team when it comes to finding the right badge booklet, making your Girl Scout

smile with the perfect gift, or staying up on community and family events. Find your local store at the address on the back cover or check out [GirlScoutShop.com](https://www.girlscoutshop.com).

Our Council

Founded in 1912, Girl Scouts initially arrived in Oklahoma in 1914. The first cookie sale was even in Muskogee! In 1968, Stillwater merged with Tulsa's Magic Empire Council, the state's largest. Ada joined the Tiak Girl Scout Council in 1974. On June 1, 2008, the Bluestem, Tiak, and Magic Empire Councils united to form Girl Scouts of Eastern Oklahoma (GSEOK), serving 30 counties, 30,000 square miles, and approximately 7,000 girls and volunteers.

Girl Scouts of Eastern Oklahoma

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📷 [gseastok](https://www.instagram.com/gseastok)

☎ 1-800-707-9914

We're Here For You

Family helps family, and you're part of ours! Whether you have questions about the troop experience or are going through a rough time on a more personal level, Girl Scouts is here to support you and your family through it all. Never hesitate to reach out.

Girl Scouts of the USA National Headquarters

420 Fifth Avenue
New York, NY 10018

✉ [girlscouts.org/contact](https://www.girlscouts.org/contact)

📷 [instagram.com/girlscouts](https://www.instagram.com/girlscouts)

📘 [facebook.com/GirlScoutsUSA](https://www.facebook.com/GirlScoutsUSA)

🐦 twitter.com/girlscouts

☎ 800-478-7248



All About My Troop

Fill in the details of your girl's troop and keep this handy all year long!

Troop number: _____

Troop co-leader phone: _____

Troop co-leader phone: _____

Meeting place: _____

We meet at _____ on _____, every _____ weeks.
[TIME] [DAY] [NUMBER]

The girls in the troop are:

Important cookie dates:

My family is helping out by:

Other important information:
