



Green 2 Troops - Brownie Making Friends Badge

This plan includes activities that encourage social interaction, team-building, and understanding of friendship while minimizing waste. Each activity is designed to be engaging, fun, and in alignment with eco-friendly practices.

Complete 5 activities to earn the badge.

1. Friendship Circles (Icebreaker & Connection Activity)

Objective: To help girls make new friends and build trust in a group setting.

Materials Needed:

None (or just a large outdoor space)

Activity:

• **Instructions:** Have the girls form a large circle and introduce themselves with their name and one thing they like to do for fun (e.g., a hobby, a sport, etc.). After everyone has introduced themselves, encourage them to share one fun fact about their favorite book or show, emphasizing similarities and differences between people.

2. Friendship Bracelet Making (Eco-Friendly Craft)

Objective: To teach girls the value of handcrafting gifts and personal connections, emphasizing ecoconscious materials.

Materials Needed:

- Natural fibers like cotton, hemp, or jute (instead of plastic cords or synthetic materials)
- Recycled beads or buttons (optional)

Activity:

 Instructions: Girls can create simple friendship bracelets using biodegradable cotton thread, hemp cord, or jute twine. Teach them basic knotting techniques and let them personalize their bracelets. If desired, they can use recycled beads, buttons, or fabric scraps for decoration. Girls can exchange their bracelets as a symbol of friendship.

3. "I Am Special" Collage (Non-Waste, Paper-Based Craft)

Objective: To help girls celebrate their individual qualities while making a shared collage that reflects their group unity.

Materials Needed:

- Old magazines, newspapers, or scrap paper for cutting
- Non-toxic glue (can be applied using reusable tools like paintbrushes or glue sticks)

Activity:

- Instructions: Ask the girls to cut out pictures or words from old magazines that represent their favorite hobbies, dreams, or things they like. Combine their items to create a "Friendship Collage" where each girl adds to a large shared artwork that highlights their personality. Once finished, the girls can talk about how their collages represent them and share a fun story or memory.
- **Eco-Friendly Tip:** Reuse magazines or scrap paper that would otherwise be thrown away. If glue is needed, use a small amount to minimize waste. Alternatively, the girls can draw directly on the paper instead of using cut-out pictures.

4. Nature Scavenger Hunt (Environmental Connection & Team Building)

Objective: To encourage teamwork and appreciation for nature, which reinforces a connection to the world around them.

Materials Needed:

- A prepared list of items to find in nature (e.g., a leaf, a feather, a flower, a stone)
- Reusable bags or baskets for collecting items (optional)

Activity:

- **Instructions:** Have a nature scavenger hunt in a nearby park or natural space. Girls work in teams to find natural items from a prepared list. They will not remove anything from the environment (no picking flowers or leaves) but can collect fallen items like leaves, stones, or sticks.
- **Eco-Friendly Tip:** Instruct girls to leave nature undisturbed, using only items naturally found on the ground. They can take photos instead of collecting them, which avoids waste.

5. Compliment Chain (Building Positive Relationships)

Objective: To help girls practice kindness and positivity through verbal affirmation.

Materials Needed:

None (just a group setting)

Activity:

• **Instructions:** Start by having each girl give a genuine compliment to the person standing next to them. The next girl will then compliment the next person, and so on. Continue until every girl has given and received a compliment. The last girl will thank the first girl to close the chain.

6. Outdoor Team Games (Active Fun & Friendship Building)

Objective: To strengthen friendships through teamwork and cooperation.

Materials Needed:

A large outdoor space (preferably in nature or at a park)

Activity 1 - "Trust Walk":

• **Instructions:** In pairs, one girl is blindfolded (using a reusable cloth or scarf), and the other guides her through an obstacle course created from natural elements like trees, logs, or stones. The blindfolded girl must rely on the trust and instructions of her partner.

7. Group Reflection (Discussing Friendship and Community)

Objective: To reflect on the activities and discuss what makes a good friend.

Materials Needed:

None (just a group setting)

Activity:

- Instructions: Gather the girls in a circle and discuss the activities they've done. Ask questions like:
 - What did you enjoy most about the activities?
 - How did you show kindness to your friends today?
 - o What makes a good friend?
- **Eco-Friendly Tip:** This reflection doesn't require any materials and helps the girls reflect on the importance of friendship and being kind to others.

This plan is designed to promote meaningful friendships while minimizing waste through creative, nature-based, and mindful activities.