



Senses

Green 2 Troops – Brownie Senses Badge

Goal: Explore the five senses while keeping activities waste-free and planet-friendly.

Step 1: Look Around

Create a *Nature I-Spy Journal* from scrap paper or a reused notebook.

- Go outside and find items for each color of the rainbow.
 - Draw or describe them — no collecting, just observing.
 - Optional: Use an old paper bag or box as a “viewfinder” to frame what you see.
 - **No waste tip:** Use pencils, crayons, or markers you already have. Reuse paper, no printing fresh pages.
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Step 2: Listen to the World

Play *The Sound Scavenger Hunt*.

- Make a list of 10 sounds (birdsong, leaves rustling, footsteps, a car horn, etc.) on reused paper.
 - Sit quietly for 5 minutes and try to hear them all.
 - Girls can add their own sounds to the list.
 - **Girl-led twist:** Let girls lead the group in identifying and mimicking sounds.
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Step 3: Put Your Nose to Work

Do a *Mystery Smell Challenge* using kitchen spices, herbs, or citrus peels.

- Place small amounts in reusable containers (jars, lids, cloth bags).
 - Girls close their eyes, smell, and guess the scent.
 - Discuss how scent can connect to memories.
 - **No waste tip:** Use ingredients you already have and compost any leftovers.
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Step 4: Take a Taste Test

Host a *Fruit & Veggie Flavor Adventure*.

- Try three small bites of different produce — ideally local or seasonal.
 - Compare sweet, sour, bitter, salty, and umami flavors.
 - Chart results on scrap paper or a reusable whiteboard.
 - **Girl-led twist:** Let girls vote for their favorite and brainstorm recipes using that item.
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Step 5: Touch and Feel

Play *Guess the Object* with a reusable “mystery bag.”

- Place natural items (pinecone, smooth rock, feather, leaf) inside.
 - Without looking, each girl describes the texture before guessing what it is.
 - **No waste tip:** Use objects found outside or from around the home — no store-bought props.
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Green² Bonus Challenge:

Create a “*Senses Collage*” using only items from recycling bins, nature finds, and scrap fabric. Each section represents one sense. Display for families or at a troop meeting.