

Green 2 Troops – Buddy Camper Badge

Goal: Get ready to go camping and learn how to enjoy nature—*without hurting it or leaving trash behind!*

Girl Scout Mission Connection: Girl Scouts leave places better than they found them. This badge teaches you how to explore, prepare, and care for the outdoors *while protecting the planet.*

What You'll Need (Reused or Recyclable Materials Only)

1. Reusable water bottle
 2. Scrap paper or cardboard (for activity signs or pretend gear)
 3. Old maps, brochures, or trail guides
 4. A bandana or cloth napkin
 5. Tupperware or reusable containers for snacks
 6. Blanket or towel for your “tent” or picnic
 7. Items from nature (only collected with permission—leaves, twigs, etc.)
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Step 1: Pack It Green

Badge Step: *Find out what gear you need*

Lay out what you’d bring for a campout—but no single-use items allowed! Think:

- Metal or reusable water bottle
- Cloth napkin instead of paper towels
- Real fork instead of plastic

Girl-Led Prompt:

What could you bring that can be used again and again?

Step 2: Explore Nature

Badge Step: *Go on a short walk or hike*

Take a walk with your family or troop and bring a *no-trash snack* in a reusable container. Collect natural “souvenirs” only if they’ve already fallen (like a pinecone or leaf), and always leave animals alone.

Reflection Prompt:

What did you see? Hear? Smell? What do you want to protect?

Step 3: Try a Camping Skill

Badge Step: *Try a skill like tying a knot or setting up a pretend tent*

Use a towel or blanket to build a pretend tent or shelter. Practice tying knots with shoelaces or extra string.

Bonus: Learn how to use a bandana in 3 ways: as a sun shield, napkin, and nature collector pouch!

Step 4: Leave No Trace

Badge Step: *Practice keeping nature clean*

Do a mini trash sweep during your walk (gloves recommended). At camp or picnic, bring a trash-free snack and pack out *everything*.

Girl-Led Prompt:

Why is it important to leave nature clean—even the parts you didn’t mess up?

Step 5: Be a Buddy

Badge Step: *Be a thoughtful camping buddy*

Talk with your grown-up or troop buddy about ways to help each other outdoors. Make a kindness card using recycled paper to thank your camping buddy!

Optional Bonus Challenge:

Host a **zero-waste picnic**—no wrappers, no disposables. Share the rules with your family and see who follows them best!

Badge Complete When:

- You packed or prepped no-waste camping gear
 - You explored nature without taking or leaving anything harmful
 - You practiced a camping skill using household items
 - You acted like a true Girl Scout camper: kind, helpful, and Earth-friendly!
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