



Green² Troops: Musician Badge

Earth Beats

Discover how music connects us to nature, inspires action, and can be made in creative, sustainable ways.

Step 1: Explore How Sound and Music Exist in Nature

Before music was man-made, Earth made her own rhythms. Try one:

- Go on a soundwalk and list natural rhythms you hear—wind, birds, leaves.
- Record your backyard or park and try to mimic it with claps or snaps.
- Watch a video about how animals use sound to communicate.

Step 2: Travel Through Earth's Music Traditions

Many cultures make music in harmony with their environment. Choose one:

- Explore an Indigenous group's instruments and how they're made.
- Listen to traditional instruments made from natural materials (like bamboo or animal hides).
- Research the role music plays in harvests, seasons, or nature-based festivals.

Step 3: Discover Eco-Friendly Instruments and Music Tech

Make music without making waste! Try one:

- Make a recycled instrument (like a shaker from a water bottle or a rubber-band guitar).
- Learn about instrument makers who use reclaimed wood or sustainable materials.
- Explore solar-powered speakers or low-energy sound systems.

Step 4: Create Your Own Nature-Inspired Music

Compose something that sounds like the forest or the sea. Pick one:

- Write a song or rhythm about your favorite outdoor place.
- Use natural objects (rocks, sticks, shells) to create a beat.
- Make a short music video celebrating the planet.

Step 5: Use Your Music to Inspire Climate Action

Your voice matters—and your music can make others care. Choose one:

- Perform your Earth-inspired music at a school or troop event.
- Write lyrics about a climate issue you care about.
- Make a playlist of songs that inspire people to protect nature.

(this is another version of the same badge)



Musician

Green2 Badge: Harmony with Nature

Discover how music connects people and the planet, and how it can help us feel more balanced, grounded, and hopeful about the future.

Step 1: Feel How Music Affects Your Emotions and Energy

Discover the power music has over your mood. Try one:

- Listen to three songs and write down how each one makes you feel.
- Create a “climate calm” playlist for moments you feel worried about the Earth.
- Notice how music changes the mood during activities—like chores or walks.

Step 2: Explore Music Used in Healing and Nature Rituals

For centuries, people have used music to connect with nature and find peace. Try one:

- Learn about sound baths, forest chants, or drumming ceremonies.
- Listen to meditative sounds from Indigenous, African, or Asian cultures.
- Research instruments used for calming—like the flute, kalimba, or singing bowl.

Step 3: Make Instruments from the Earth

Build something musical using items you’d find in nature or reuse. Try one:

- Make a wind chime with sticks, shells, or upcycled metal.
- Create a rainstick from a cardboard tube and beans.
- Craft a drum from a container and natural coverings or fabric.

Step 4: Create Music to Help Yourself and Others Feel Calm

Try making music that relaxes, refreshes, or soothes. Choose one:

- Compose a melody with a peaceful feeling.
- Record a nature-inspired soundscape using your voice and homemade instruments.
- Lead your troop or family in a calming music moment—like a breathing song or rhythm circle.

Step 5: Share Your Sound of Harmony with Others

Help your music bring balance and peace into someone else’s day. Try one:

- Make a short relaxing playlist for someone stressed.
- Perform a calming song at a community garden or care center.
- Create an audio story with sounds from nature and your own music.

Community Service Project: “Green Beats for Change”

Girls write a short song about saving the planet and perform it for families or a local group. Bonus: Record the song and share it as a troop PSA on social media or with the council!