



Green 2 Troops: Playing the Past Badge

Badge Purpose: Girls will experience life as it might have been for a girl in the past through character development, roleplay, and fun historical activities—all done sustainably.

Supplies Overview (Waste-Free):

Encourage families to bring items from home or share within the troop.

- Scrap fabric, string/yarn, buttons
- Recyclable or reusable paper (backs of old worksheets, cereal boxes)
- Natural materials (twigs, leaves, acorns, stones)
- Markers, pens, chalk
- Upcycled cardboard (boxes, folders)
- Costumes from dress-up bins or closets (no buying new)
- Device for audio recording (optional)
- Reusable dishware for snacks if included

Eco-Leadership Tips:

- Use whiteboards or reusable materials instead of printing worksheets.
 - Avoid glitter, glue sticks, and anything not recyclable or compostable.
 - Encourage zero-waste snacks (bulk, homemade, or fruit with compostable peels).
 - Send any digital materials to families instead of printing handouts.
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Step 1: Explore What It Was Like to Be a Girl in the Past

Goal: Learn about life for girls in a different time period.

Prep:

- Collect a few library books or access digital stories about girls from history.
- Optional: Invite a guest (grandparent, historian, reenactor) to share about their youth.

Meeting Activities:

- Read aloud or summarize a story from the past.
 - Girls share what stood out to them. Use guiding questions like:
 - What did girls do for fun?
 - What were their chores?
 - Did they go to school?
 - How was life different or the same?
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Step 2: Create a Character

Goal: Each girl creates a girl character from a past era.

Activity Options:

- Build a character profile on upcycled paper or dry-erase board.
- Use a storytelling dice or spinner with prompts like: "Name, Age, Family Job, Daily Chore, Favorite Toy."

Leadership Tip: Encourage diverse time periods and cultural stories. Girls can use family history for inspiration.

Step 3: Experience Daily Life

Goal: Girls pretend to do a task from their character's daily routine.

Options:

- Washing clothes by hand (basin and cloth scraps)
- Sewing (finger sewing with scraps)
- Preparing food (peeling fruit, grinding herbs)
- Making butter (shake cream in a jar)

Eco Tip: Compost any food scraps and avoid packaging.

Step 4: Have Some Old-Fashioned Fun

Goal: Play historical games or make simple toys.

Games to Try:

- Hopscotch (chalk)
- Jacks (stones)
- Cat's cradle (string)
- Marbles
- Hide-and-seek or tag

Crafts:

- Corn husk dolls
 - Rag dolls from scraps
 - Button spinners
 - Paper pinwheels (scrap paper and sticks)
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Step 5: Become Your Character

Goal: Girls share their characters with others.

Activity:

- Create a "Living History Circle" where girls dress up and speak in character.
- Use items from home (no buying). Suggest scarves, aprons, bonnets, oversized shirts, etc.
- Encourage speaking about their daily life, challenges, and joys.

Optional: Invite parents, younger troops, or a local audience.

Community Service Project: History in Our Hands – Living Museum

Purpose: Share what girls learned about the past while promoting sustainability.

Steps:

1. **Prep Booths:** Use cardboard or sheets to create stations—no decorations that create waste!
2. **Present:** Each girl stands in character and shares with visitors.

3. **Teach:** Add a "Then vs. Now" moment for each booth—what sustainable habits did girls use then, and how can we bring them back now?
 4. **Engage the Community:** Invite senior centers, libraries, or schools to attend or host.
 5. **Zero-Waste Pledge:** Girls can encourage attendees to pledge one old-fashioned sustainable habit to try.
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Tips for Success:

- **Reflection Time:** After each session, reflect: “What surprised you most?” or “What can we learn from girls in the past?”
 - **Family Involvement:** Ask caregivers to help girls gather costume pieces or help tell family stories.
 - **Documentation:** Take photos or record presentations to share digitally with families and your council.
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