



Green² Troop Senior Room Makeover Badge

Badge Purpose: Redesign and refresh a space in your home or community while keeping the process sustainable, low-cost, and waste-free.

Overall Green² Strategies

- Materials: Use what you already own, borrow, thrift, or find secondhand.
- Waste Reduction: Repurpose, upcycle, and repair rather than buying new.
- Energy Efficiency: Choose changes that also save energy or reduce waste long-term.
- Eco Style: Incorporate plants, natural lighting, and non-toxic finishes where possible.

Step 1 - Get Inspiration

Goal: Discover makeover ideas that can be done sustainably.

- Explore Pinterest, design blogs, or library books for eco-friendly décor inspiration.
- Visit thrift stores, flea markets, or "buy nothing" groups for style ideas.
- Take notes digitally instead of printing or buying magazines.

Step 2 - Find Out What You Have

Goal: Take inventory before you buy anything.

- Walk through your space and make a list of items you can reuse, repaint, or repurpose.
- Ask friends and family if they have décor or furniture they no longer need.
- Swap décor with other troop members to give items a new life.

Step 3 - Make Your Plan

Goal: Decide on your room's new look and layout.

- Sketch your plan on scrap paper or digitally.
- Choose paint in low-VOC or leftover cans from a reuse center.
- Focus on rearranging furniture or changing textiles (pillows, curtains) instead of buying new big pieces.

Step 4 - Refresh Your Space

Goal: Complete your makeover using eco-friendly methods.

- Use fabric from old clothes or sheets for new pillow covers or curtains.
- Upcycle furniture with sanding, repainting, or stenciling instead of replacing it.
- Create wall art from reused materials (magazine clippings, fabric scraps, wood offcuts).
- Incorporate live plants for a healthy, fresh look.

Step 5 - Share Your Makeover

Goal: Show off your updated space and inspire others.

- Host a virtual room tour for friends and family.
- Share before/after photos on troop or community social media.
- Write a short "Green Makeover Guide" with your waste-free tips for others.

At-Home & Family Connection

- Invite family members to help with sanding, painting, or sewing.
- Use the project as a chance to declutter responsibly—donate items instead of throwing them away.
- Ask family to join you in switching to reusable décor elements (e.g., cloth napkins, glass storage).

Waste-Free Wrap-Up

- Reflect as a troop: Which eco-friendly changes were easiest? Which had the biggest impact?
- Compile a digital gallery of everyone's makeovers to share with the service unit.
- Pass along leftover supplies to another troop, school, or community project.