



Leader's Quest: Junior "Harmony Havoc Boss Battle"

Junior Level: Empathy, Wellness & Advocacy Adventure

Badge connections: *First Aid • Social Butterfly • Inside Government*

Mission Briefing – Welcome, Junior Adventurer!

Disaster has struck the Council of Kindness! The boss known as Lady Discordia has stirred up drama, wiped out basic first aid supplies, and convinced people that kindness doesn't matter. The troop's community is in chaos. Can your team restore harmony and show how real leaders care for others?

Boss Profile:

Boss Name: Lady Discordia

Weakness: Compassion, action, and speaking up

Battlefield: Skit station, troop circle, mock town hall or wellness zone

Victory Condition: Lead a care-based mission to help others and restore peace to the troop

Battle Strategy (Choose 2):

- Kindness Courtroom: Girls act out a conflict and hold a mock "court" to resolve it with empathy and fairness.
- Troop Wellness Plan: Girls brainstorm how to keep their troop emotionally and physically healthy — then lead a troop check-in or self-care session.
- Civic Speech-Off: Girls write and deliver a short speech about a cause they care about (in pairs or solo).
- First Aid Relay: In teams, girls complete a relay where they respond to mini first-aid challenges (pretend scenarios).

Girl Role Choices (Pick Yours):

- Wellness Warrior: You help your team feel strong, rested, and emotionally supported.
- Conflict Counselor: You help people understand each other and work things out.
- Voice for Change: You speak up about things that matter and inspire others to act.
- Calm Captain: You help your group stay cool in tricky situations.

Quest Log

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| • What issue did our team work to fix? | • What was my role? |
| • Who did I help or support today? | • What did I learn about leadership through kindness? |

Side Quest (At Home):

Ask your family what helps them feel better when they're having a hard day.

Make a "Feel Better Kit" with items, drawings, or words that help — and share it!

Level-Up Reflection

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| • When is kindness the most powerful leadership skill? | • What was hard about helping others and what felt great? |
| • How did your voice or actions make a difference? | • What kind of helper do you want to be? |

Victory Stamp

[Draw a star, get a stamp, or add a sticker here!]

