



Leader's Quest: Senior "The Curtain Between Boss Battle"

Theme: Storytelling, Mental Health, and Empathy through Art

Senior Badges Integrated:

- *Storytelling*
- *Women's Health*
- *Textile Artist*

Boss Name: *The Curtain Keeper*

In the ghost-lit theater of the mind, the Curtain Keeper hides truths behind velvet drapes. She keeps girls performing the roles others expect: the perfectionist, the strong one, the chill girl. She fears real emotion—especially when it's expressed in bold, beautiful ways.

Boss Weakness: Raw storytelling, emotional expression, and creative healing.

Strategy Options:

1. Write a Monologue or Poem that shares something *real*—fear, joy, rage, whatever (*Storytelling*).
2. Create a Piece of Wearable Expression—like a shirt, patch, or ribbon that communicates identity or emotion (*Textile Artist*).
3. Unmask Health Myths—research one thing no one talks about enough in women's health (*Women's Health*).

Choose Your Role:

- The Thread Witch – Uses fiber and fabric to express what words can't. Think Taylor's "Bejeweled" meets Frida Kahlo.
- The Scene Shifter – Writes the stories she *wishes* existed and dares to make them visible.
- The Truth Tender – Explores taboo topics like mental health, neurodivergence, or body image with care and clarity.

Quest Log: Task

Write a one-page scene where the main character breaks the script and speaks from the heart.

Design a fabric-based symbol (scarf, patch, wristband, etc.) to express your current mental state.

Research one underrepresented women's health issue. Make a PSA or zine page to educate others.

Share an anonymous truth you carry (write, stitch, or illustrate it). Reflect on what it felt like to name it.

Interview a woman or nonbinary person you admire: What story shaped them most?

Reflection:

- What "roles" do I find myself playing in life—and do they serve me?
- How can creativity help us process things we can't say directly?
- What's one story I haven't told yet, but *need* to?

Victory Stamp:

Draw a mask cracked open with light beaming out—or an unraveling thread that leads to something glowing.